Consultant In General Adult Psychiatry

Applications are invited to apply for the posts of Consultant in General Adult Psychiatry. These posts are based at Royal Cornhill Hospital, a purpose built facility in the centre of Aberdeen in the North East of Scotland.

The postholders will be responsible for leadership of a Mental Health Team providing General Adult Psychiatric services (both Inpatient and Outpatient) to a catchment population in Aberdeen City or Aberdeenshire. Catchment populations are based on Primary Care catchments and there is close liaison between Mental Health Teams and General Practice.

There is a full range of specialist services including Old Age Psychiatry, Forensic Psychiatry, Liaison Psychiatry, Psychotherapy and Substance Misuse. The service has fully accredited schemes for Basic and Higher Training in Psychiatry.

Full registration with a license to practice with the GMC is required. For more information visit www.gmc-uk.org.

Those trained in the UK should have evidence of higher specialist training leading to CCT or be within 6 months of confirmed entry from date of interview or eligibility for specialist registration (CESR).

NHS Grampian provides the perfect solution to all interests and lifestyles. Aberdeen has a very buoyant economy and offers all the attractions of any major city. Aberdeenshire boasts many picturesque towns and villages within easy commuting distance and provides access to a large range of outdoor pursuits including skiing. There are excellent transport links with Glasgow and Edinburgh easily accessed by train and Aberdeen airport has multiple flights to London daily and other destinations across Europe. Assistance with relocation may be available.

Informal enquiries are welcomed by Dr A Shand, Clinical Director, Adult Mental Health Services on 01224 557536.

to find out more about NHS grampian go to:

#CGD 180313

NHSGrampian NHS.Grampian.Scotland
Welcome to the International Congress 2018

Dear Colleague,

It gives us great pleasure to warmly welcome you to our International Congress in Birmingham, a city of culture and heritage that offers something for everyone.

Our theme is Psychiatry: New Horizons, and in keeping with that we have a programme that features not just the best of international academic psychiatry, but patients, families and opinion leaders in mental health from the social and political sphere. Indeed, over the 4 days of the conference, we have 15 keynotes and about 70 parallel sessions that cover an eclectic range of topics ranging from basic sciences, clinical psychiatry, policy areas and the socio-cultural realm, all relevant to mental health.

Our keynote speakers on day 1 will include Professor Wendy Burn, delivering her maiden inaugural address as the College’s new President, Baroness Hale, Chief Justice of the Supreme Court of the United Kingdom on whether it is time for yet another Mental Health Act, Professor Elias Eriksson on the efficacy of antidepressants and the award winning journalist and writer Sathnam Sanghera, author of the Boy with the Topknot and Marriage Material.

Day 2 features three stalwarts – Sir Robin Murray, the most cited psychosis researcher outside the US and a professor who has seen 40 of his students go on to become full professors elsewhere, Professor Ray Dolan, winner of the 2017 Brain Prize and Professor Karl Friston recently ranked No. 1 by Semantic Scholar in the list of top 10 most influential neuroscientists in the world.

Day 3 will have Professor Simon Lovestone, a practising Old Age Psychiatrist and Professor of Translational Neuroscience at Oxford, Dr Altha Stewart, President of the American Psychiatric Association, Professor Mary Phillips who heads the Clinical and Translational Affective Neuroscience Program in the Department of Psychiatry at the University of Pittsburgh and Professor Mary Phillips, a Professor in Psychology at the Karolinska Institute’s Department of Clinical Neuroscience, Sweden.

On day 4, Professor Hamish McAllister-Williams, Professor of Affective Disorders at Newcastle features alongside psychiatrist turned bestselling writer Joanna Cannon, author of The Trouble with Goats and Sheep and the award winning mental health campaigner Jonny Benjamin MBE.

In addition to these keynotes, the real strength of the Congress has always been the wide range of parallel sessions presented by an international faculty and the 2018 menu is as rich as always. Do have a quick browse of the full programme to fully appreciate the breadth and strength of what is on offer. As always, we are very grateful for the many suggestions and proposals from the College’s trainees, members, fellows and well-wishers, in particular, the patients and families who helped us to shape the 2018 programme, and we really look forward to hearing your ideas for next year’s International Congress in London.

As always, we are very grateful for the many suggestions and proposals from all contributors who helped us to shape the 2018 programme, and we really look forward to hearing your ideas for next year’s International Congress in London.

Dr Regi Alexander, Professor Ian Jones and Dr Shubulade Smith, Congress Co-chairs

Dr Ian Hall, Associate Dean for Advanced Learning and Conferences
Accreditation / CME / CPD

The International Congress of the Royal College of Psychiatrists, Birmingham, United Kingdom, 24/06/2018-27/06/2018 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 24 European CME credits (ECMECs). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.

Live educational activities, occurring outside of Canada, recognized by the UEMS-EACCME for ECMEC credits are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada.

Certificate of attendance

Your certificate of attendance will be emailed to you by 31 August.

Congress Organiser

The Royal College of Psychiatrists, 21 Prescot Street, London E1 8BB
Email: congress@rcpsych.ac.uk    Telephone: +44 (0) 20 3701 2618

Declarations of interest

A list of speaker and facilitator declarations of interest are available on the congress app and the College’s website.

Feedback

There are a number of ways for you to give us your feedback:

- Come to the helpdesk at any time during the congress – we want to know if you are enjoying the event or if there is anything we can do to improve.
- You can rate each session via the congress app.
- A more detailed online feedback form will be emailed to you immediately after the congress.

Please take the time to give us your feedback, everything received remains confidential and we use all comments to improve future meetings.

Helpdesk

College staff will be at the helpdesk throughout the congress. Come to see us if you need anything and we will be happy to help.

Poster exhibition

Posters and rapid fire poster sessions will be presented in the Hall 3 Gallery, above the catering and exhibition area. You can find a full poster and exhibition guide in your delegate bag.

Following feedback from delegates and poster authors, this year we are offering traditional poster boards. If you miss e-posters, let us know via the feedback form!

Prayer Room

A prayer room is available in the main concourse near Starbucks.

Room Capacity

Please make sure you take a seat towards the centre of a row and use every available space so those arriving after you can easily find a seat.

Although every effort has been made to avoid this, some sessions may fill up quickly and places will be allocated on a first come first serve basis. If there is a session that you absolutely must attend, please make sure you get there early!

Security

Please be advised that a film crew from an anti-psychiatry organisation may film or attempt to interview you in front of the venue, and in the surrounding congress hotels. All national and local media who attend our congress are required to wear College press identification badges. If you are concerned that a person wishing to interview you is not a genuine journalist, please ask them to show you their NUJ Press Card or alert the College’s on-site staff.

Please ensure you wear your badge for security purposes at all times.

Social Media

The College will be tweeting all this week, giving regular updates on the latest news from the Congress. If you’re not already following the RCPsych, start following now – twitter.com/rcpsych.

If you’re tweeting during the conference, please join us by using this hash tag: #RCPsychIC

The Mess: Student and Trainee Lounge

Come to #TheMess in Hall 3 to meet the Psychiatric Trainees’ Committee (PTC), as well as other students, foundation doctors and trainees who are also interested in psychiatry.

You can find a full programme of activities on page 14.

Wi-Fi

Complimentary WiFi is available throughout the venue. You can log in by choosing Free ICC WiFi – it is not necessary to enter a password.
Satellite Meetings

**Sunday 24 June**
12.00 – 13.00  European Division Meeting  Executive Room 2

**Monday 25 June**
8.00 – 9.00  International Divisions Business Meeting  Executive Room 2
9.40 – 10.40  Leadership Meeting  Executive Room 2
11.00 – 13.00  Books Committee  Executive Room 2
12.45 – 13.40  LGBT SIG Annual Business Meeting & Lunch  Media Suite A
13.00 – 14.00  Middle East Division Meeting  Executive Room 2
14.00 – 17.00  PMB  Executive Room 2
15.00 – 16.00  RCPsych and WPA Meeting  Media Suite A
17.00 – 18.00  Reception for Outgoing Officers  Executive Room 8

**Tuesday 26 June**
9.30 – 11.30  Divisions and Devolved Nations’ Chairs and Managers Meeting  Media Suite A
11.30 – 12.45  4 Nations Policy Meeting  Media Suite A
12.45 - 13.40  Retired members’ lunch  Hall 7
12.50 – 13.40  Women and Mental Health Special Interest Group (WMHSIG) Networking Event—both members and non-members of the SIG welcome  Level 4
13.00 – 14.00  African Division Meeting  Media Suite A
18.30 – 20.00  Publications Reception  Executive Room 2

**Wednesday 27 June**
8.00 – 9.00  South Asia Division Meeting  Executive Room 2
12.45 – 13.45  West Pacific Division Meeting  Media Suite A
14.00 – 17.00  Community MH Pathway Meeting  Executive Room 2

Download the International Congress app to access all the information you will need to navigate the event.

- Up to date programme information including last minute changes
- Speaker biographies and photographs
- Abstracts and speaker presentations
- Posters
- Exhibition information
- Interactive maps to help you find your way around the venue
- Important updates and reminders with push notifications
- Session feedback

**How to download the Congress App**
Our App is only available to Congress delegates and you will already have received an invitation to join the app. If you haven’t already, check your email for an invitation message from RCPsychICApp. If you have not yet received an invitation from us, please speak to a member of staff at the help desk or email jonathan.bennett@rcpsych.ac.uk for a new invitation.
Social Events

Blake Marsh Welcome Reception
Date: Sunday 24 June 2018  Time: 18.45–19.30
Place: ICC Hall 3
Price: Complimentary
Join your colleagues for a glass of wine or two to officially kick off proceedings at IC18. This is a free event for all delegates and a great opportunity to mingle with other professionals. Although this is a free event, you must pre-book.

West Midlands Private and Independent Practice SIG Drinks Reception
Date: Monday 25 June 2018  Time: 18.00–19.30
Place: 1 Oozells Square, Brindleyplace, Birmingham B1 2HS
Price: Free but this event is fully booked.
West Midlands PIPSIG will hold a drinks reception at Ikon Gallery (adjacent to conference centre). Canapés and refreshments will be available followed by a cash bar.

Student & Trainee’s Dinner
Date: Monday 25 June 2018  Time: 19.30
Place: Nosh and Quaff, Victoria Square, 130 Colmore Row, Birmingham B3 3AP
Price: £40 per person
Don’t miss out on the Student and Trainee’s Dinner at Nosh and Quaff, Birmingham’s irresistible one-stop, feel-good venue.

Retired Members’ Lunch
Date: Tuesday 26 June 2018  Time: 12.45–13.40
Place: Hall 7
Price: Complimentary for registered delegates
We invite retired members of the College to come along to the retired members’ lunch which will be held at the Congress venue. The lunch will be an excellent opportunity to meet, network and catch up with other retired College members.

Congress Fun Run
Date: Tuesday 26 June 2018  Time: 08.00
Place: Conference main entrance
Join a group of brave delegates in a 5k jog along the canals of Birmingham! All abilities welcome. Meet at the conference main entrance and bring your trainers!

Congress Gala Dinner
Date: Tuesday 26 June 2018  Time: 20.30
Place: The Rotunda, Centenary Square, Broad St, Birmingham B1 2ND
Price: £75 per person
The stunning book lined space of the Rotunda in the heart of the Library of Birmingham, next to the International Convention Centre, offers an iconic setting for our Gala Dinner. Join us for a Drinks Reception followed by a 4 course meal.

All social events are for pre-registered delegates only. Please go to the Helpdesk if you wish to book a place.
Programme information listed as of 1st June 2018. For up-to-date programme changes, please download the International Congress App.
PROGRAMME OVERVIEW

Wednesday 27 June 2018

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<tr>
<th>Time</th>
<th>NEW SCIENCE</th>
<th>PSYCHO-PHARMACOLOGY</th>
<th>CLINICAL PRACTICE</th>
<th>POLICY AND MEDIA</th>
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<td>8.00 – 9.00</td>
<td>Registration and coffee</td>
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<td>9.00 – 9.30</td>
<td>KN13 The management of depression: Is it depressing? Hall 1</td>
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<td>Professor Hamish McIntyre-Williams, Professor of Affective Disorders, Newcastle University, UK</td>
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<td>9.40 – 10.55</td>
<td>S40 New Perspectives on the risk of Postpartum Psychosis Hall 9</td>
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<td>S41 Managing sleep disorders: A review of the revised British Association for Psychopharmacology Guidelines Hall 11</td>
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<td>S42 Metabolic underpinning of psychiatric disorders Hall 11</td>
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<td>S43 Assertive community treatment for alcohol dependence Hall 10</td>
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<td>S44 Mental Health Law Reform across the United Kingdom Hall 4</td>
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<td>Coffee Hall 3</td>
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<td>S46 Prescribing medication during pregnancy: A review of the new British Association for Psychopharmacology perinatal guidelines Hall 11</td>
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<td>S47 Community Psychiatry is dead... Long Live Community Psychiatry Hall 4</td>
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<td>S48 Ethnic minority inequalities in severe mental illness: Recent findings from the UK Hall 10</td>
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<td>S49 Taming the Beast: Harnessing the media and politics to get a better deal for mental health Hall 9</td>
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<td>12.40 – 13.35</td>
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<td>Rapid Fire Poster Presentations: Hall 3 Gallery</td>
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<td>13.10 – 13.40</td>
<td>Together we are better – performance by MGMT Hall 4</td>
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<td>13.40 – 14.10</td>
<td>KN14 The trouble with goats and sheep Hall 1</td>
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<td>Dr Joanna Cannon, Author of The Trouble with Goats and Sheep and Three Things About Elsie</td>
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<td>14.10 – 14.40</td>
<td>KN15 A Conversation with Mental Health Activist Jonny Benjamin MBE and his father Hall 1</td>
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<td>14.45 – 16.00</td>
<td>S50 Changing brains and changing minds: The good, the bad and the potentially life-changing drama of synaptic plasticity Hall 4</td>
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<td>S51 Advances in the rapid treatment of depression (triple cholinesterase or ketamine) Hall 1</td>
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<td>S52 Domestic Violence and Abuse (DVA), Domestic Homicides and Mental Health Services: optimising the response to DVA by mental health services Hall 10</td>
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<td>S53 Shared decision making and values based practice in psychiatry: the Montgomery case Hall 4</td>
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<td>S54 Reading, Writing and Rebellion – 3 authors in discussion with the Dean Hall 9</td>
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<td>Tea Hall 3</td>
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<td>16.25 – 17.40</td>
<td>S54b Prospective mood monitoring in bipolar disorder: clinical and research perspectives Hall 4</td>
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<td>S55 Antipsychotic medication after remission from first episode Psychosis: The Continuation, discontinuation or other strategies? Hall 11</td>
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<td>S56 In sight and in mind, improving the quality of care for people with severe and complex mental health problems Hall 11</td>
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<td>S57 The importance of inclusion and empowerment of people with intellectual disabilities Hall 10</td>
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See page 14 for Trainee Events details

See page 14 for Trainee Events details

INTERNATIONAL CONGRESS 2018

Tuesday 26 June 2018

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<th>Time</th>
<th>PSYCHO-PHARMACOLOGY</th>
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<td>8.30 – 9.00</td>
<td>KN9 Global Public Health Implications of Adverse Childhood Experiences Hall 1</td>
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<td>Dr Antha Stewart, President of the APA, USA</td>
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<td>9.00 – 9.30</td>
<td>KN10 Alzheimer’s disease: Big problem, Big Data, big answer? Hall 1</td>
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<td>Professor Samir Lavenue, Professor of Translational Neuroscience, University of Oxford</td>
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<td>9.40 – 10.55</td>
<td>S24 New research-based treatment models for obsessive-compulsive disorders Hall 1</td>
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<td>S25 Where Should I Publish? A guide for students, trainees, researchers and consultants Hall 4</td>
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<td>S26 Making Serious Untoward Incident Reviews Constructive Hall 11</td>
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<td>S27 Incorporating genetic testing into routine psychiatric practice Hall 9</td>
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<td>S28 ADHD service organization across the life-span Hall 10</td>
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<td>11.30 – 12.45</td>
<td>S27 Pharmacological management of schizophrenia: a review of the revised British Association for Psychopharmacology Guidelines Hall 11</td>
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<td>S28 International collaboration with partners in Sub-Saharan Africa for clinical and research capacity building in psychiatry Hall 10</td>
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<td>S29 RECREATE: Psychiatry Redefined: Peer Support - a future practice model for mental healthcare Hall 9</td>
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<td>S30 Neuropsychiatric symptoms in dementia: best practice in agitation, psychosis and depression from the Lancet Commission on Dementia Hall 4</td>
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<td>S31 The Rise of the Cyberpsychiatrist (2PS) Hall 11</td>
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<td>KN11 Mechanisms of mood disorder in the human brain: neural targets for new treatments? Hall 1</td>
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<td>Professor Mary Phillips, Professor of Psychiatry and Clinical Translational Science, University of Pittsburgh School of Medicine, USA</td>
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<td>KN12 Intrusive memories after trauma: from the lab to the emergency department? Hall 1</td>
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<td>Professor Emily A. Holmes, Division of Psychology, Department of Clinical Neuroscience, Karolinska Institutet, Sweden and Visiting Professor, Department of Psychiatry, University of Oxford</td>
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<td>15.00 – 16.15</td>
<td>S30 Managing Mood Disorders: current and potential future options Hall 1</td>
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<td>S31 Brexit and Britain’s mental health workforce: Brain drain or gain? Hall 11</td>
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<td>S32 10 years of caring for doctors Hall 10</td>
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<td>S33 Using lived experience to improve the diagnostic process Hall 9</td>
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<td>S35 Voluntary prescribing - evidence of benefit and harm Hall 1</td>
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<td>S36 Understanding the Institution Hall 9</td>
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<td>S37 Behavioural addictions: update on diagnosis and treatment Hall 4</td>
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<td>S38 Reconciliation in our Nations Hall 10</td>
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<td>18.00 – 19.00</td>
<td>Including addresses from Professor Sir Simon Wessely, Professor Jacky Hayden, Dr Lawrence Myres-Walls, Miss Karen Turner</td>
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See page 14 for Trainee Events details

See page 14 for Trainee Events details
### Student & Trainee Events

Come to ‘The Mess’ to meet and College Officers and psychiatrists from a range of specialties as well as members of the PTC, other Medical Students, Foundation Doctors and Psychiatric Trainees.

**Sunday 24 June, 12:15 – 13:00**

**Meet the PTC** – Hear how the PTC has implemented their report ‘Supported & Valued’ and how from this they are about to release another report with recommendations on ‘Staying Safe’ throughout the UK. You can get a copy of the reports to take away and ask questions about what the PTC and College are doing to support you and your training.

The Mess: Students and Trainees’ Lounge

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**Monday 25 June, 10:55 – 11:25**

**Meet & Greet** – An opportunity to meet members of the Psychiatric Trainees’ Committee as well as other Medical Students, Foundation Doctors and Psychiatric Trainees.

The Mess: Students and Trainees’ Lounge

**Wednesday 27 June, 12:45 – 13:40**

**Meet the Officers** – A great opportunity to meet all the Officers of the College including the President, Dr Wendy Burn; the Dean, Dr Kate Lovett; the Registrar, Dr Adrian James and the Treasurer, Dr Jan Falkowski, as well as members of the PTC. Have your lunch with the College Officers and ask all those burning questions!

The Mess: Students and Trainees’ Lounge

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**Monday 25 June, 10:55 – 11:25**

**Student and Trainee’s Dinner** – Don’t miss out on the Student and Trainees’ Dinner at Nosh and Quaff, Birmingham’s irresistible one-stop, feel-good venue.

Nosh & Quaff, Victoria square, 130 Colmore Row, Birmingham B3 3AP

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**Monday 25 June, from 19:30**

**Meet the Chief Examiner and Associate Dean for Curricula** – An opportunity to meet members of the Psychiatric Trainees’ Committee as well as other Medical Students, Foundation Doctors and Psychiatric Trainees.

The Mess: Students and Trainees’ Lounge

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**Tuesday 26 June, 12:45 – 13:40**

**Meet the Tribunal Judge** and understand how court processes work and what to expect if you’re called on as an expert witness.

The Mess: Students and Trainees’ Lounge

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**Wednesday 27 June, 12:40-13:35**

**Meet the Chief Examiner and Associate Dean for Curricula** – Hear more about the curricula review, get up to date on changes to the MRCPsych exams and learn how the curricula will change over the next few years.

The Mess: Students and Trainees’ Lounge

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**Sunday 24th June**

**Programme in Detail**

**For up-to-date programme changes, please download the International Congress App**

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<th>Time / Room</th>
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<td>13.00–13.05</td>
<td>Welcome Address</td>
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<tr>
<td>Hall 1</td>
<td>Dr Regi Alexander, Dr Ian Jones and Dr Lade Smith, Congress Co–chair</td>
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<tr>
<td>13.05–13.35</td>
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<tr>
<td>Hall 1</td>
<td>KN1 President’s Opening Lecture</td>
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<td>Chair: Dr Regi Alexander, Congress Co–chair</td>
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<td>Professor Wendy Burn, President of the Royal College of Psychiatrists</td>
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<td>13.35–14.05</td>
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<tr>
<td>Hall 1</td>
<td>KN2 Is it time for yet another Mental Health Act?</td>
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<td>Chair: Professor Wendy Burn, President of The Royal College of Psychiatrists</td>
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<td>Baroness Hale of Richmond, President of the Supreme Court</td>
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<td>14.05–14.15</td>
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<tr>
<td>Hall 1</td>
<td>KN3 Chief Executive’s Address</td>
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<tr>
<td></td>
<td>Chair: Professor Wendy Burn, President of The Royal College of Psychiatrists</td>
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<td>Paul Rees, Chief Executive of the Royal College of Psychiatrists</td>
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<tr>
<td>14.35–15.40</td>
<td>NEW SCIENCE</td>
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<tr>
<td>Hall 9</td>
<td>S1 Findings from three major US and UK trials to improve physical health for people with severe mental illness. The HOME, STEPWISE and PRIMROSE trials</td>
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<td>Chair: Dr Shubulade Smith, Consultant Psychiatrist and Clinical Senior Lecturer, South London and The Maudsley NHS Foundation Trust and Institute of Psychiatry, Psychology and Neuroscience</td>
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<tr>
<td></td>
<td>The PRIMROSE trial to reduce cardiovascular risk in people with severe mental illness in UK primary care</td>
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<td>Professor David Orسام, UCL</td>
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<td>The HOME trial. Randomized Trial of an Integrated Behavioral Health Home: The Health Outcomes Management and Evaluation (HOME) Study</td>
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<td>Professor Ben Druss, Professor and Rosalyn Carter Chair in Mental Health, Emory University, Atlanta, USA</td>
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<td></td>
<td>STEPWISE – Structured lifestyle Education for People With Schizophrenia, A randomised controlled trial</td>
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<td>Professor Paul French, Psychosis Research Unit, Greater Manchester West Mental Health NHS Foundation Trust and Manchester University</td>
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<td>15.40–16.00</td>
<td>CLINICAL PRACTICE</td>
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<td>Hall 1</td>
<td>S2 Advances in Phenomenological Psychiatry</td>
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<td>Chair: Professor Matthew Broome, University of Birmingham and Professor Lisa Bortolotti, University of Birmingham</td>
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<td>The PhD (Phenomenological unfolding, Hermeneutic analysis, Dynamic analysis) method for Phenomenological Psychotherapy</td>
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<td>Professor Giovanni Stanghellini, G. d’Annunzio’ University – Chieti, Italy</td>
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<td>Consciousness and its Disorders</td>
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<td>Professor Ferruccio Poyy, MBB, MD, PhD, FRCPsych, Consultant Psychiatrist &amp; Professor of Psychiatry, National Centre for Mental Health</td>
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<td>Phenomenology, Values and Values–based Practice</td>
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<td>Professor Konrad Lam, Fulford, St Catherine’s College, Oxford</td>
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INTERNATIONAL CONGRESS 2018
14.25 – 15.40
Hall 4
PSYCHOPHARMACOLOGY
53 Joint BAP NAPICU Evidence Based Guidelines for the Clinical Management of Acute Disturbance (De-escalation and Rapid Tranquilisation)
Chair: Dr Maureen Patel, Consultant Psychiatrist, Oxfordshire NHS Foundation Trust, London
De-Escalation
Brodie Paterson, Clinical Director, CALM Training Ltd and Chair European Network for Training in the Management of Aggression
Medication options for Rapid Tranquilisation
Ms Caroline Parker, Consultant Pharmacist, Adult Mental Health, FFPRS FRPharmS, FCMHP, Independent Prescriber
Rapid Tranquilisation Algorithm
Dr Faisal Seth, Consultant Psychiatrist, Maidstone Hospital, South London and Maidstone NHS Foundation Trust, London

Hall 11
CLINICAL PRACTICE
54 Addressing suicide risk in vulnerable groups
Chair: Professor Michael King, Division of Psychiatry, UCL
Suicide risk among refugees compared with non-refugee migrants, and the Swedish-born majority population: a cohort study of 1.8 million people in Sweden
Dr James Kirkbride, Reader in Psychiatric Epidemiology, Division of Psychiatry, UCL
Understanding risk of suicide and suicide attempt in LGBT communities
Dr Alexandra Pitman, Senior Lecturer in Psychiatry, Division of Psychiatry, UCL
Transgender and Gender Diverse (TGD) suicidality: an overview of the risk literature and addressing the clinical needs
Mr Talen Wright, MSc Student, Division of Psychiatry, UCL

15.40 – 16.10
Afternoon Tea
Hall 3

15.45 – 16.10
Hall 3 Gallery
Rapid Fire Poster Presentations
RF1 PRIZE WINNERS
RF100 Cooling Fellowship 2016 – Illness attention and somatic interpretations in functional neurological disorder and chronic fatigue syndrome
Roxanne Keyneyad, Alicia Hughes, Susannah Pick, Edward Fenby, Trudie Chalder, Colette Hirsch, Rona Moss-Alam, Timothy Nicholl
RF101 Margaret Slack 2015
Dr Gavin Mestan
RF102 Margaret Slack 2017 – Are visual hallucinations in Alzheimer’s disease a result of hypoperfusion of visual processing areas in the occipital cortex?
Dr Lindsay Sinclair, Clinical Lecturer in Psychiatry, University of Bristol, Dr Talen Danish-Shoos, Associate Professor, Center for Alzheimer Research, Division of Clinical Geriatrics, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Stockholm, Sweden; Wenyi Mandagere, Undergraduate, University of Bristol, Professor Seth Love, Professor of Neuropathology, Dementia Research Group, University of Bristol
RF103 Margaret Slack 2017 – Developing a psychological treatment for childhood functional abdominal pain, collaboration between Child psychiatry departments at Duke University, USA, & Oxford University, UK
Dr Kate Stein MRCPsych BSc, Professor Nancy Zucker PhD

15.45 – 16.10
Hall 3 Gallery
RF2 PATHFINDERS
RF104 Maturation of attentional brain networks from childhood to adolescence
Paul M Birley, Elizabeth B Liddle, Madeline J Groom, Helen JF Smith, Peter G Morris, Matthew J Brookes, Peter F Liddle
RF105 Towards Biomarkers in Psychiatry: Detecting Longitudinal Correlates of Communication in Schizophrenia with Digital Phenotyping
Dr John Enatly
RF106 The positives and negatives of clinical research to individual participants in a middle income country setting: an on-lookers perspective
Dr Teresa Lomax
RF107 Primary care patients’ knowledge, attitudes and beliefs around the use of self-help strategies in the management of subthreshold depressive symptoms: a qualitative study
Anna Kathryn Taylor, Academic Foundation Doctor and RCPsych Pathfinder Fellow, University of Manchester and East Lancashire Hospitals NHS Trust; Dr Sandra Davidson, University of Melbourne; Dr Victoria J Palmer, University of Melbourne; Dr Susie Fletcher, University of Melbourne, Prof Luke Gunn, University of Melbourne
RF108 Neuropsychological testing, functional magnetic resonance imaging and clinical outcomes in alcohol, cocaine and heroin addiction: evaluating the impact of co-morbid tobacco use
Dr Victoria Wing

16.15 – 17.30
Hall 4
NEW SCIENCE
56 Neurobiology of Obsessive Compulsive Disorder: Historical Overview and Recent Developments
Chair: Professor Naomi Fineberg, Highly Specialized Obsessive Compulsive and Related Disorders Service, Hertfordshire Partnership University NHS Foundation Trust
Evolution of Our Understanding of the Neural Circuity Dysfunction in OCD
Dr Hemantha Tyagi, UCL-Institute of Neurology, National Hospital for Neurology and Neurosurgery
The Neuropsychomational Role of Corticalstrial Networks in OCD
Tobias U. Hauser, Welcome Centre for Human Neuroimaging, University College London
Thalamo–cortico–striatal mechanisms of deep brain stimulation for obsessive compulsive disorder
Dr Anna-Karin Apergis-Schoute, Depts of Psychology and Psychiatry, Behavioural and Clinical Neuroscience Institute, University of Cambridge

Hall 9
CLINICAL PRACTICE
57 Physical Activity Interventions in Severe Mental Illness
Chair: Dr Adrian James, Devon Partnership NHS Trust, Devon
Physical activity interventions in Severe Mental Illness: What is the evidence base?
Dr Aimee D’Murity, Barnet, Enfield & Haringey Mental Health Trust
How to support behaviour change towards more physically active lifestyles.
Dr Lianne Drummond, South West London and St George’s NHS Trust
Data trends of physical health outcomes in SMI
Professor Alan Cuthbert, Northumberland, Tyne & Wear Mental Health Trust

Hall 1
PSYCHOPHARMACOLOGY
58 ADHD: comorbidity, treatment evidence and prescribing concerns
Chair: Professor David Baldwin, Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton
ADHD and somatic conditions: focus on obesity, asthma and cardiovascular disease
Samuelle Cortese, University of Southampton
Pharmacological and psychological interventions in ADHD: evidence synthesis
Professor David Daley, University of Nottingham
Prescribing for patients with ADHD: common concerns and practical solutions
Dr Nicolella Adams, South London and Maudsley Hospital

INTERNATIONAL CONGRESS 2018
SUNDAY
16.15–17.30
Hall 10
CLINICAL PRACTICE
59 A fighting chance: overcoming the national mental health workforce shortage
Chair: Dr Kate Lovett, Dean of the Royal College of Psychiatrists
Why the shortage of psychiatrists needs addressing; a mum’s perspective
Ms Tracy Lang
A national strategy – the mental health workforce plan for England
Professor Wendy Reid, Executive Director of Education and Quality & National Medical Director, Health Education England
Supported and Valued? – A collective responsibility
Dr Alex Tipl, Psychiatric Trainee, Mersey Care NHS FT and Vice Chair Psychiatric Trainees’ Committee of the Royal College of Psychiatrists

Hall 11
CLINICAL PRACTICE
S10 Neurosurgical treatments for psychiatric disorders: separating hope from the hype
Chair: Professor Nicola Ferrier, Newcastle University
Contemporary Neurosurgery for Psychiatric Disorders: A Neurosurgical Perspective
Mr Ludovic Zrinzo, University College London, Unit for Functional Neurosurgery, Institute of Neurology
Lesion Surgery and Deep Brain Stimulation for Mood Disorders
Dr David Christmas, Advanced Interventions Service, Ninewells Hospital and Medical School, Dundee
Lesion Surgery and Deep Brain Stimulation for Obsessive Compulsive Disorder (OCD)
Professor Keith Matthews, University of Dundee

17.40–18.10
Hall 1
KEYNOTE
KN4 The efficacy of antidepressants
Chair: Dr Jan Falkowski, Honorary Treasurer, The Royal College of Psychiatrists, London
Professor Ray Dolan, UCL, UK

9.00–9.30
Hall 1
KEYNOTE
KN6 Reward, learning and relevance to psychopathology
Chair: Professor Hugo Critchley, Brighton and Sussex Medical School
Professor Ray Dolan, UCL, UK

9.15–9.30
Hall 1
NEW SCIENCE
S11 Recent advances in dementia
Chair Professor John O’Brien, University of Cambridge
Sociodemographic and lifestyle risk and protective factors for dementia
Professor Klaus Emre, University of Oxford
In vivo tau imaging as a novel tool for investigating
Professor John O’Brien, University of Cambridge
Are novel anti-tau treatments effective in Alzheimer’s disease?
Dr Peter Bentham, Birmingham and Solihull Mental Health Foundation Trust

9.40–10.55
Hall 1
NEW SCIENCE
S12 Quality of prescribing, physical health care and use of compulsion in the treatment of people with psychosis: Launch of the report from the third round of the National Audit of Psychosis
Chair: Professor Mike Crawford, Director of the College Centre for Quality Improvement
Achieving high quality prescribing for people with psychosis
Professor Steve Cooper, Clinical Lead for National Audit of Psychosis
The role of care planning and CTOs in the quality of care provided to people with psychosis
Ms Angela Etherington, Service User Advisor for National Audit of Psychosis
Standards of physical healthcare for people with psychosis, are they improving?
Dr David Shears, Primary Care Lead for National Audit of Psychosis

18.45–19.30
Hall 3
WELCOME RECEPTION
Monday 25th June

8.00–9.00
Registration and Coffee

9.00–9.30
Hall 1
KEYNOTE
KN6 Reward, learning and relevance to psychopathology
Chair: Professor Hugo Critchley, Brighton and Sussex Medical School
Professor Ray Dolan, UCL, UK

9.15–9.30
Hall 1
Launch of ‘Choosing Wisely’ in psychiatry, 2018

9.40–10.55
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NEW SCIENCE
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Professor Ray Dolan, UCL, UK
QUALITY IMPROVEMENT
S14 Improvement, Involvement and Recovery – the role of the psychiatrist
Chair: Dr David Brindle, Consultant Psychiatrist and Medical Director for the London Mental Health Services in East London NHS Foundation Trust
People Participation, Involvement and Recovery in East London NHS Foundation Trust – the system and the positive impact of involvement for service users
Paul Brinfield, Head of People Participation, East London NHS Foundation Trust
Benefiting from Peer Support in East London and Uganda
Dr Dave Bhalie, Consultant Psychiatrist in East London and Shari Dunlop, Peer Support Worker
Meaningful service user involvement matters and works for East London NHS Foundation Trust
Marie Gabriel, Chair of the Board of East London NHS Foundation Trust

NEW SCIENCE
S15 Gambling disorder: the latest in neurobiological mechanisms to clinical treatment
Chair: Professor Naomi Fineberg, Consultant Psychiatrist at West Midlands Partnership University NHS Foundation Trust
Update on the clinical aspects of gambling disorder and its management.
Dr Henrietta Bowden-Jones, Director and Lead Clinician, National Problem Gambling Clinic
What has neuroimaging told us about the neurobiology of gambling disorder?
Professor Anne Lingford-Hughes, Imperial College London
Model-based control and evidence accumulation in pathological gambling: the role of serotonin and opioid systems.
Valerie Voon, University of Cambridge

PSYCHOSIS
Hall 10

Hall 4

NEUROPSYCHIATRY
TC1 Disorders at the interface of neurology and psychiatry: Parkinson’s Disease
Chair: Dr Alan Carson, Royal Edinburgh Hospital
Nonmotor Parkinson’s: the hidden face and personalised medicine
Professor K Ray Chaudhuri, Professor of Movement Disorders, Clinical Director National Parkinson Foundation Centre of Excellence, Kings College London
Psychosis in Parkinson’s Disease
Dr Alan Carson, Royal Edinburgh Hospital

PSYCHOSIS
Hall 9

Hall 11

CLINICAL PRACTICE
MC1 Asylum Seeker/Refugee Mental Health: core skills for the practising psychiatrist
Chair: Dr Hugh Grant-Peterson, RCPsych Working Group on Mental Health of Asylum Seekers & Refugees & East London NHS Foundation Trust
Pharmacology & Management – evidence and best practice
Dr Paul Sien, Eysymont Healthcare and KIPPA, Department of Forensic and Neuropsychopharmacology, Kings College, London
Service Provision – evidence and best practice
Dr K Britta, Livewell Southwest
Psychotherapy – evidence and best practice
Dr S Majid, Tavistock & Portman NHS Foundation Trust

DEVELOPMENTAL PSYCHIATRY
S17 Mood Instability: Its relation to traumatic exposures and adult mental health outcomes
Chair: Professor Matthew Broome, University of Birmingham
Possible mechanisms from childhood trauma and the clinical presentation of bipolar disorder
Dr Steven Marwaha, Reader in Psychiatry
Bullying at school and its impact on mood and affective disorders: experiences from the Metropolitan city of Naples – Italy
Dr Gennaro Catone, Suor Orsola Benincasa University
Prospective measures of mood instability in bipolar disorder: findings from the Bipolar Disorder Research Network
Dr Katherine Gordon-Smith, University of Worcester and the Bipolar Disorder Research Network

QUALITY IMPROVEMENT
RF3 RESEARCH
RF200 Minocycline for the treatment of cognitive symptoms in schizophrenia: the impact on functional magnetic resonance imaging (fMRI) during the n-back task
Abigail Gee, Medical Student, University of Manchester; Bill Diakin, Professor of Psychiatry, Division of Neuroscience & Experimental Psychology, University of Manchester; Marnin Mintz, Lecturer in Neuromaging, Division of Neuroscience & Experimental Psychology, University of Manchester; John Cutting, Paula Dawson, Liron Japin, Stephen M Lewis, Rachel Loughgrove-Nursall, Husain Imran Chaudhry, Graham Dunn, Peter J Jones, Danuta Licienska, Shin Low, Thomas R E Barnes, Stephen Williams, Stephen Hopkins, Emma Knox, Anthony Byrne, Richard Daleo and Richard Smallman

QUALITY IMPROVEMENT
RF3 RESEARCH
RF201 Pregnenolone treatment for schizophrenia: a systematic review & meta-analysis
Dr Christopher Hopkins, ST5, Birmingham Healthcare NHS Foundation Trust; Dr Calum Muirhead, Doctoral Research Fellow, King’s College London
RF202 Comparison of Outcomes in Patients Treated with Atypical Oral Versus Atypical Depot Antipsychotic Treatment
Dr Muhammad Yashf Khan, Dr Adshone Cooze, Dr Syed Faruk Bubrah
RF300 Associations between food insecurity and psychotropic medication use in a cohort of women in the United States
Dr Henry J Wright, Foundation Year 1 Doctor, Newham University Hospital, Barts Health NHS Trust; Ms Lisa A Adetayo, Data Analyst and Project Coordinator, Division of HK; Dr Daniel Global Medicine, University of California, San Francisco (UCSF); Dr William R Wolfe, Associate Professor, Department of Psychiatry, UCSF; Dr Edward A Froising, Professor, Department of Health Promotion, Education, and Behavior, University of South Carolina; Dr Kartikaa Patil, Assistant Professor, Division of HK; Dr Global Medicine, UCSF; Dr Daniel Meereinstein, Associate Professor, Department of Family Medicine, Georgetown University Medical Center; Dr Tracie E Wilson, Professor, Department of Community Health Sciences, State University of New York Downstate Medical Center; Dr Ashley Aldredjim, Associate Professor, Department of Epidemiology and Population Health, Albert Einstein College of Medicine; Dr Madhuri H Cohen, Senior Physician, Department of Medicine, Strouger Hospital; Dr Aadaa A Adimado, Professor, School of Medicine and URC; Gilling School of Global Public Health, University of North Carolina at Chapel Hill; Dr Tungyenha OJolli, Professor, School of Medicine, Emory University and Grady Health System; Dr Lisa Metsch, Professor, Department of Sociomedical Sciences, Mailman School of Public Health, Columbia University; Dr Janet M Turan, Professor, Department of Health Care Organization and Policy, School of Public Health, University of Alabama at Birmingham; Ms Erika L Wenz, Senior Research Project Coordinator, Department of Epidemiology, Johns Hopkins University Bloomberg School of Public Health; Dr Phyllis C. Tien, Professor, Department of Medicine, UCSF and San Francisco Department of Veterans Affairs Medical Center; Dr Oshri D. Weiser, Associate Professor, Division of HK; Dr Global Medicine and Center for AIDS Prevention Studies, UCSF
INTERNATIONAL CONGRESS 2018

13.20–13.40 Hall 3 Gallery
RF4 RESEARCH
RF204 Non-pharmacological treatments for depression and anxiety in frail older adults: systematic review and meta-analysis
Dr Rachael Fice, Post-doctoral Research Associate, Research Department of Primary Care and Population Health, University College London, Royal Free Campus; Dr Mihutte Baumrind; Academic Foundation Doctor, Centre for Ageing Populations Studies, Department of Primary Care and Populations Health, University College London, Royal Free Campus; Dr Kate Walters, Director, Centre for Ageing Populations Studies, Department of Primary Care and Population Health, University College London, Royal Free Campus
RF205 Lipopolysaccharide Stimulation of Peripheral Blood Mononuclear Cells in Amnestic Mild Cognitive Impairment
Dr Zoe Clough, ST3 Academic Clinical Fellow in Old Age Psychiatry, University of Southampton; Dr Jay Amr, ST6, University of Southampton; Dr Lauren Law, Laboratory Manager and Senior Clinical Scientist, Professor Clive Holmes, Professor of Biological Psychiatry, University of Southampton
RF206 The effect of post-infection medication adherence and all-cause mortality in patients with schizophrenia: A Danish nationwide retrospective cohort study
MSC, Pavlo Lezhnev, PhD Student, Psychiatry, Aalborg University Hospital, Aalborg, Denmark; PhD, Hermien Strid, Student, National Centre for Register-Based Research, University of Aarhus, Aarhus, Denmark; DMSc, Jørgen Aagaard, Professor, Psychiatry, Aalborg University Hospital; PhD, Flemming Jensen, Associate Professor, Cardiology, Aalborg University Hospital, Aalborg, Denmark; PhD, Thomas Müll Larsen, Professor, National Centre for Register-Based Research, University of Aarhus, Aarhus, Denmark; PhD, Reem El Anezi, associate professor, Psychiatry, Aalborg University Hospital, Aalborg, Denmark
RF207 Changes in the inpatient population profile 2002–2006 compared to 2006–2010
Jake Melhuish, MBBS, FY1, Northampton General Hospital, Luton, Luton; Medical Student, University of East Anglia; Helen Roome, Medical Student, University of East Anglia; Ben Roberts, Medical Student, University of East Anglia Anna Cofield MBBS, Lassen Art at Norfolk and Norwich University Hospital Trust; James Cunnie MBBS, Senior Lecturer, Dept Psychiatry, University of Aberdeen; Julian Beekhoudt FRCPsych, Consultant Psychiatrist Mental Health Lassen Service, NHS Fringe Honorary Senior Lecturer, Norwich Medical School UEA
RF208 Cognitively Stimulating Leisure Activities and Dementia: A marginal structural model approach
Dr Benjamin David Williams, BMB, MSC, Cathie Mars Institute for Social Research, University of Manchester; North West School of Psychiatry, The Narbonne Block, Lancashire Care NHS Foundation Trust; Dr Tamas Chandos, PhD, Cathie Mars Institute for Social Research, University of Manchester and Prof Neil Kendal, MRCIE, FPDS Institute of Brain, Behaviour and Mental Health, University of Manchester; Gallow Royal Hospital; Gallow Royal NHS Foundation Trust
RF5 EDUCATION AND TRAINING
RF209 The SSC Roadshow: Assessing efficacy
Elliott Clarke, Interim Fellow Medical Student and Pathfinder Fellow, Newcastle University; Helen Hargreaves, Senior Clinical Teaching Fellow, Northumberland Tyne and Wear Foundation Trust
RF210 Making Sense of Psychopathology: The importance of undergraduate teaching on the function and phenomenology of symptoms
Dr Tim Dallos, FCOG, LMBBS Nuffield Foundation Trust; Dr Helene Jackson, Graduate – entry MBBS student, King’s College London
RF211 Attitudes of Sixth-Form Students to Serious Mental Illness: before, during and after a mental health work experience week
Dr Helen Hargreaves, Senior Teaching Fellow, Nuffield Foundation Trust; Dr Rachel Gore, Consultant Old Age Psychiatrist, NHS Foundation Trust
RF212 Reflections on Participation in the First year of the Royal College of Psychiatrists Parliamentary Scholarship Scheme
Susan Howson, ST3 Child and Adolescent Psychiatry, LoveWell Southwest; Paul Lamia, ST6 General Adult, Southwest London and St Georges Mental Health Trust; Kathleen McCurdy, ST6 Forensic Psychiatry, Bradford Consultant, Jim Perry, ST6 General Adult, South London and Maudsley, Fara Tikani, ST6 General Adult, Camden and Islington NHS Trust
RF213 Making the case for Reflective Practice in Physical Health Settings – The Interpersonal Dynamics – Dynamic Consultation Model as a Tool for Improving Clinical Care
Prof. Michael Mair, Consultant Psychiatrist, Medical Education Director WMLF; Dr Gabriel Hinchliffe, Consultant in Forensic Psychiatry; Dr David Rees, Consultant in Forensic Psychiatry; Dr Sandra Scott, Specialist Registrar in Forensic Psychiatry; Dr Thomas Hille, Specialist Registrar in Medical Psychiatry; Dr Cheng Li, Specialist Registrar in CAMHS and Fellow of Medical Education

13.50 – 14.20 Hall 1
KEYNOTE
KN7 Schizophrenia is a myth with significant genetic component
Chair: Dr Lade Smith, Congress Co-Chair
Professor Sir Robin Murray, Professor of Psychiatric Research, Institute of Psychiatry, King’s College London, UK

14.20 – 14.50 Hall 1
KEYNOTE
KN8 The computational anatomy of psychosis
Chair: Dr Adrian James, Registrar, The Royal College of Psychiatrists; Professor Karl Friston, Neuroscientist, UK

15.00 – 16.15 Hall 9
NEW SCIENCE
S18 UK Biobank – a resource for mental health research
Chair: Dr Matthew Health, Dean of Research, Institute of Psychiatry, Psychology and Neuroscience, KCL, Director, NIHR Biomedical Research Centre at the Maudsley
Mental health phenotyping in UK Biobank
Dr Katrina Davis, Clinical research fellow, Institute of Psychiatry Psychology and Neuroscience, KCL
Circadian rhythm and mood disorders in UK Biobank
Professor Daniel Smith, Professor of Psychiatry, University of Glasgow
Neuroimaging in UK Biobank
Professor Steve Williams, Professor of Imaging Science, Institute of Psychiatry Psychology and Neuroscience, KCL

11.00 – 11.15 Hall 11
NEUROPSYCHIATRY
TC1 Disorders at the interface of neurology and psychiatry: functional Neurological Disorders
Chair: Dr Alan Carson, Royal Edinburgh Hospital
Psychodynamic Therapies for Functional Neurologic Disorders
Richard J Brown, Senior Lecturer in Clinical Psychology and Honorary Consultant Clinical Psychologist, University of Manchester
Functional Cognitive Disorders
Dr Laura McNeill, Research Fellow in Neuropsychiatry, Centre for Clinical Brain Sciences, University of Edinburgh

14.00 – 14.15 Hall 10
PSYCHOLOGY
TC2 Treatment Resistant Psychosis: Part 1
Chair: Dr Fiona Gaughran, National Psychosis Unit, Maudsley Hospital, London and Reader, Institute of Psychiatry, Psychology and Neuroscience, KCL
Response and remission in early psychosis
Dr John Liley, Dept of Psychiatry, Royal College of Surgeons in Ireland
Ultra-Resistant Schizophrenia: Nosology and Criteria
Professor Gary Remington, University of Toronto
How can we best prevent psychosis?
Professor Sir Robin Murray, Professor of Psychiatric Research, Institute of Psychiatry, Psychology and Neuroscience and Consultant Psychiatrist, National Psychosis Unit

11.30 – 13.00 Hall 10
CLINICAL PRACTICE
S19 The Myths of de-institutionalisation
Chair: Dr Lydia Thurstons, Oxford Health NHS Foundation Trust
Asylums in England c. 1914: institutions, institutionalisation and discharge.
Dr Claire Milson, Centre for the History of the Emotions, Queen Mary University of London
The closure of Tooting Bec Asylum and the aftermath
Professor Tom Craig, Chair, Royal College of Psychiatrists
The Myth of Deinstitutionalisation
Professor Helen Kilaspy, University College London and Camden & Islington NHS Foundation Trust
15.00 – 16.15
DEVELOPMENTAL PSYCHIATRY

Hall 4

S20 Autism Spectrum Disorders, Co-morbidities and Risk Management
Chair: Dr Regi Alexander, Congress Co-Chair

Epidemiology of Autistic Spectrum Disorders
Professor Terry Brugha, University of Leicester

Autism Spectrum Disorders and Offending Behaviours – Typologies
Professor Peter Langdon, Tizard Centre, University of Kent

Managing uncertainty in the clinical prediction of the risk of harm
Professor Connor Dugan, University of Nottingham

16.15 – 16.40
Afternoon Tea Hall 3

16.45 – 18.00
NEW SCIENCE

Hall 4

S21 The brain–gut–adipose axis: breaking the dichotomy between physical and mental health
Chair: Dr Anne Lingford-Hughes, Imperial College London

Brain–gut–microbiota axis: a novel therapeutic target
Professor Ted Dissan, University College Cork, Ireland

Effect of antipsychotic treatment on immune activation in the adipose tissue
Dr Valeria Mondelli, Institute of Psychiatry, Psychology and Neuroscience, King’s College London

Effects of probiotics on the brain
Dr Phil Burnet, Oxford University

16.15–16.40
Afternoon Tea

Hall 3

16.45–18.00
NEUROPSYCHIATRY

TC1 Disorders at the interface of neurology and psychiatry
Chair: Dr Alan Carson, Royal Edinburgh Hospital

Motor neurone disease is all in the head
Professor Martin Turner, Professor of Clinical Neurology & Neuroscience, University of Oxford

Huntington’s disease: The progress to novel therapeutics
Professor Hugh Richards, Professor of Neuropsychiatry, University of Birmingham

18.00 – 19.00
AGM

Hall 11

18.10–20.00
Documentary film: Professor Julian Leff: Unravelling Schizophrenia
Followed by Q&A with the film’s director, Adriel Leff

Hall 1

16.45 – 18.00
CLINICAL PRACTICE

S22 Mental Health Care for Underserved Populations – Ethnic Inequalities
Chair: Professor Kenneth R. Kaufman, AM, MD, FRCPsych, DLFAPA, FAES; Professor of Psychiatry, Neurology and Anesthesiology, Rutgers Robert Wood Johnson Medical School, New Brunswick, New Jersey, USA

Ethnic inequalities in severe mental illness: a new approach
Professor Kamaldeep S. Bhui, CBE, MBBS, MSc, MD, FRCPsych; Professor of Cultural Psychiatry & Epidemiology, Centre Lead for Psychiatry, Wolfson Institute of Preventive Medicine, Hon. Consultant Psychiatrist, East London Foundation Trust, Bart’s & The London School of Medicine & Dentistry, Queen Mary University of London; London, UK

Unravelling the complexities of inequalities in mental health care and outcomes for cultural and linguistic minorities
Professor Steve Kivle, MD, PhD, FRCPsych; FRANZCP; FAFPHM; FACHAM; Professor, Discipline of Psychiatry, School of Medicine, The University of Queensland, Australia and Professor of Psychiatry, Community Health and Epidemiology, Dalhousie University, Canada, Brisbane, Australia

Mental health care for the underserved in Brazil
Professor Sara Evans-Lacko, PhD; Associate Professor, London School of Economics and Political Science, and Senior Lecturer, Institute of Psychiatry, Psychology and Neuroscience, King’s College London; London, UK

18.00 – 19.00
AGM

Hall 11

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Documentary film: Professor Julian Leff: Unravelling Schizophrenia
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Hall 1
## Tuesday 26th June

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<tr>
<td>8.00 – 8.30</td>
<td>Hall 1</td>
<td>Registration and Coffee</td>
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<tr>
<td>8.30 – 9.00</td>
<td>Hall 1</td>
<td><strong>KEYNOTE</strong>&lt;br&gt;KN9 Global Public Health Implications of Adverse Childhood Experiences&lt;br&gt;Chair: Dr Saul Levin, CEO and Medical Director, American Psychiatric Association, USA&lt;br&gt;Dr Alia Stewart, President, American Psychiatric Association, USA</td>
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<tr>
<td>9.00 – 9.30</td>
<td>Hall 1</td>
<td><strong>KEYNOTE</strong>&lt;br&gt;KN10 Alzheimer’s disease: big problem, Big Data, big answer?&lt;br&gt;Chair: Professor Anne L. Hughes, Imperial College London&lt;br&gt;Professor Simon Lovestone, Professor of Translational Neuroscience, University of Oxford, UK</td>
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<td>9.40 – 10.55</td>
<td>Hall 1</td>
<td><strong>PSYCHOPHARMACOLOGY</strong>&lt;br&gt;S24 New research–based treatment models for obsessive–compulsive disorders&lt;br&gt;Chair: Professor David Baldwin, Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton, UK&lt;br&gt;New psychopharmacology models for obsessive–compulsive disorders&lt;br&gt;Naomi A Fineberg, Hertfordshire Partnership University NHS Foundation Trust and University of Hertfordshire&lt;br&gt;New behavioural and cognitive models for obsessive–compulsive disorders&lt;br&gt;Lynne M Drummond, National and Trustwide Services for OCD and BDD, South West London and St George’s NHS Mental Health Trust and St George’s, University of London&lt;br&gt;Invasive and non-invasive brain stimulation for OCD&lt;br&gt;Professor Eileen Joyce, UCL Institute of Neurology, London</td>
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<td>Hall 4</td>
<td><strong>PSYCHIATRIC EDUCATION</strong>&lt;br&gt;S25 Where should I publish: A guide for students, trainees, researchers, and consultants&lt;br&gt;Chair: Professor Kenneth K. Kaufman, AM, MD, FRCPsych, DLFAAPA, FAES, Professor of Psychiatry, Neurology and Anesthesiology, Rutgers Robert Wood Johnson Medical School, New Brunswick, New Jersey, USA&lt;br&gt;Getting published: practice tips for students, trainees, and tenacious researchers&lt;br&gt;Professor Kamildeep S. Brar, CBE, MBBS, M Sc, MD, FRCPsych, Professor of Cultural Psychiatry &amp; Epidemiology, Centre Lead for Psychiatry, Wolfson Institute of Preventive Medicine, Hon. Consultant Psychiatrist, East London Foundation Trust and St George’s&lt;br&gt;New research–based treatment models for obsessive–compulsive disorders&lt;br&gt;Dr James MacCabe, Institute of Psychiatry, Psychology &amp; Neuroscience, KCL, London&lt;br&gt;Psychological treatment of incomplete recovery&lt;br&gt;Dr Rachel Upthegrove, University of Birmingham&lt;br&gt;Pharmacological strategies for comorbid affective disorder in schizophrenia&lt;br&gt;Dr Thomas R. E. Barnes, Emeritus Professor of Clinical Psychiatry, Imperial College London&lt;br&gt;The role of copy number variants in mental disorder&lt;br&gt;Dr Richard T. Roberts, Chair of the British Association for Psychopharmacology Guidelines, and Director of the National Confidential Inquiry into Suicide and Homicide by People with Mental Illness&lt;br&gt;Chair: Professor Eric Taylor, Emeritus Professor of Child and Adolescent Psychiatry, University of Exeter Medical School&lt;br&gt;In transition with ADHD&lt;br&gt;Dr Ian Hall, Associate Dean, Royal College of Psychiatrists, and Consultant Psychiatrist, East London NHS Foundation Trust&lt;br&gt;Pharmacological management of schizophrenia: a review of the revised British Association for Psychopharmacology Guidelines&lt;br&gt;Chair: Professor Philip Asherson, King’s College London&lt;br&gt;Incorporating genetic testing into routine psychiatric practice&lt;br&gt;Chair: Professor Simon Lovestone, Professor of Translational Neuroscience, University of Oxford, UK&lt;br&gt;What you can expect from your local clinical genetics service&lt;br&gt;Dr Simon Naylor, National and Trustwide Services for OCD and BDD, South West London and St George’s NHS Mental Health Trust and St George’s, University of London&lt;br&gt;What you can expect from your local clinical genetics service&lt;br&gt;Dr Ian Hall, Associate Dean, Royal College of Psychiatrists, and Consultant Psychiatrist, East London NHS Foundation Trust&lt;br&gt;Psychological treatment of incomplete recovery&lt;br&gt;Dr James MacCabe, Institute of Psychiatry, Psychology &amp; Neuroscience, KCL, London</td>
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<td>Hall 11</td>
<td><strong>QUALITY IMPROVEMENT</strong>&lt;br&gt;MC3 Making Serious Untoward Incident Reviews Constructive&lt;br&gt;Chair: Professor Catherine Robinson, Professor of Social Policy Research, Bangor University&lt;br&gt;Professor Louis Appleby, Professor of Psychiatry at the University of Manchester and Director of the National Confidential Inquiry into Suicide and Homicide by People with Mental Illness&lt;br&gt;Professor Rob Pope, Co-Director, CRMMHS, Professor of Social Psychiatry, School of Social Sciences&lt;br&gt;Dr Elena Baker–Glenn, Cambridgeshire and Peterborough NHS Foundation Trust&lt;br&gt;Dr Saul Levin, CEO and Medical Director, American Psychiatric Association, USA&lt;br&gt;Dr Melissa Peterson, President, American Psychiatric Association, USA</td>
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**TUESDAY**
PSYCHIATRIC EDUCATION
S28 International collaboration with partners in sub-Saharan Africa for clinical research and capacity building in psychiatry
Chair: Dr Melanie Abas, Global Mental Health Research Group, King's College London, and South London and Maudsley NHS Foundation Trust
Research Capacity Building in Sub-Saharan Africa: The African Mental Health Research Initiative (AMHARI)
Dr Dixon Chibanda, Department of Psychiatry, University of Zimbabwe
Medical Education for Clinical Capacity Building in Sub-Saharan Africa
Dr Susanah Whitwell, Honorary Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust and Dr Walter Mriegi, Department of Psychiatry, University of Zimbabwe
Better Together in Research and Development: Lessons from EUSARNAD (European Union and South Africa Research Network in Anxiety Disorders)
Professor David Baldwin, Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton

QUALITY IMPROVEMENT
S29 RE-CREATE Psychiatry: Redefine Peer Support – a future practice model for mental healthcare
Chair: Dr Khalid Ahmad, Consultant Psychiatrist
Seth Hunter, Mential Fight Club
Susan Young, Royal College of Art
Dr Elmir W Hynie, Psychiatrist
Dr Niel Armstrong, Lecturer in Anthropology, Magdalen College, Oxford

CLINICAL PRACTICE
MC4 Neuropsychiatric symptoms in dementia: Best practice in agitation, psychosis and depression from the Lancet Commission on Dementia
Chair: Dr Andrew Sommerville, Division of Psychiatry, University College London
Assessing and managing depression in dementia
Professor Sube Banerjee, Centre for Dementia Studies, Brighton and Sussex Medical School
Assessing and managing psychosis in dementia
Dr Suzanne Reeves, Division of Psychiatry, University College London
Assessing and managing agitation in dementia
Professor Gill Livingstone, Division of Psychiatry, University College London

MC5 The Rise of the Cyberpsychiatrist
Chair: Gabriella Landy, West London Mental Health NHS Trust
Digital resilience in the Cyberage
Dr Jorge Zimbron, Consultant, CPFT NHS Trust; Dr Adebola Adekunte, Specialist Doctor, CPFT NHS Trust; Dr Kathrin Hicks, Clinical Lead, NTW NHS Foundation Trust; Karen Calvert, Nursing Assistant, NTW NHS Foundation Trust; Shannon Whalen, Nursing Assistant, NTW NHS Foundation Trust
Assessing and managing agitation in dementia
Dr Arpita Chakraborty, Consultant Psychiatrist; Dr Sara Saffar-Concejo, ST4; Dr Murugesh Thilakan, Specialty Doctor, Cardiff and Vale NHS Trust; Dr Priya Khanna, Consultant, NTW NHS Foundation Trust; Martin Noble, Ward Manager, NTW NHS Foundation Trust; Leanne Page, Nursing Assistant, NTW NHS Foundation Trust
Talk First – Working Together with Patients
Dr George Sell, Consultant Psychiatrist; Dr Sethu Sethuraman, Consultant Psychiatrist, NTW NHS Foundation Trust; Martin Noble, Ward Manager, NTW NHS Foundation Trust; Loanne Page, Clinical Lead, NTW NHS Foundation Trust; Karen Calvert, Nursing Assistant, NTW NHS Foundation Trust; Shannon Whalen, Nursing Assistant, NTW NHS Foundation Trust
Personality disorders amongst mothers in care proceedings
Dr George Sell, Consultant Psychiatrist
Youth Community Support Evaluation in Calgary, Canada
Dr T OR Wilkes, Consulting Psychiatrist, University of Calgary; Dr Ilana Garcia-Orga, Consulting Psychiatrist, University of Calgary; Christelle Borrelli, Executive Director of Children's protective services, Calgary; Terry Bis, Director of Woods Homes Services; Susan Ponting, Manager, YCFP Alberta health services
The impact of positive-risk taking in a specialist unit for borderline personality disorder: The Springbank experience
Dr Jorge Zimbron, Consultant, CPFT NHS Trust; Dr Adeleka Addyken, Specialist Doctor, CPFT NHS Trust; Dr Kathleen Hols, Clinical Psychologist, CPFT NHS Trust; Mr Lee Davies, Clinical Nurse Specialist, CPFT NHS Trust

QUALITY IMPROVEMENT
S29 RE-CREATE Psychiatry: Redefine Peer Support – a future practice model for mental healthcare (cont.)
Chair: Dr Elinor W Hynes, Psychiatrist
Seth Hunter, Mental Fight Club
Susan Young, Royal College of Art
Dr Elmir W Hynie, Psychiatrist
Dr Niel Armstrong, Lecturer in Anthropology, Magdalen College, Oxford

CLINICAL PRACTICE
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Hall 1
15.00–16.15
PSYCHOPHARMACOLOGY
S30 Managing Mood Disorders – current and potential future options
Chair: Professor Ian Jones, University of Cardiff and Congress Co–chair
Managing difficult to treat depression: which established treatment is best
Professor Anthony Clare, Institute of Psychiatry, Psychology and Neuroscience, London
Optimising transcranial magnetic stimulation. An EME funded study of image guided intermittent theta burst stimulation versus standard rTMS
Professor Richard Morris, University of Nottingham
A new option for managing difficult to treat bipolar depression. The HTA funded PAX-BD study
Professor Keith Jamieson, Professor of Psychiatry, University of Dundee

Hall 11
15.20–16.30
PSYCHIATRIC EDUCATION
S31 Brexit and Britain’s mental health workforce: Brain drain or gain?
Chair: Dr Adrian James, Registrar of the Royal College of Psychiatrists
The mental health workforce plan for England—a year on
Dr Kate Lovett, Consultant Psychiatrist, Devon Partnership Trust, Dean Royal College of Psychiatrists
Psychiatry in Europe: from recruitment to workforce migration
Dr Howard Ryland, University of Oxford and Dr Mariana Pinto da Costa, Unit for Social and Community Psychiatry, Queen Mary University of London
Global Medical Graduates: Supporting Britain’s mental health workforce
Dr Subodh Dave, Associate Dean for Trainee Support, Royal College of Psychiatrists

Hall 12
15.45–16.00
PSYCHOPHARMACOLOGY
S35 Valproate prescribing — evidence of benefit and harm
Chair: Professor Ian Jones Congress Co–chair
Valproate: the evidence for efficacy
Professor Gay Goodwin, University of Oxford
How dangerous is Valproate in pregnancy?
Dr Angelika Weck, University of Manchester
What do the POMH–UK data reveal about valproate prescribing practice?
Professor Thomas R.E. Barnes, Emeritus Professor of Clinical Psychiatry, Imperial College London
Wednesday 27 June

Time / Room  
Sessions

8:00–9:00  
Hall 9  
Registration and Coffee

9:00–9:30  
Hall 1  
KEYNOTE  
KN13 The management of depression: is it depressing?  
Chair: Professor Ian Jones, Congress Co–chair  
Professor Hamish McAllister–Williams, Professor of Affective Disorders, Newcastle University, UK

9:40–10:55  
Hall 9  
NEW SCIENCE  
S40 New Perspectives on the risk of Postpartum Psychosis  
Chair: Professor Paola Dazzan and Professor Ian Jones  
Postpartum psychosis – what women are at high risk and how should they be managed  
Professor Ian Jones, Director and Clinical Professor, National Centre for Mental Health, Cardiff University  
Novel findings in brain structure in women at risk of Postpartum Psychosis  
Professor Paola Dazzan, Professor Neurobiology of psychosis, King's College London  
Identifying potential blood gene expression markers for Postpartum Psychosis  
Dr Montserrat Fusté, NIHR Clinical Lecturer, King's College London

16.45–18.00  
Hall 9  
QUALITY IMPROVEMENT  
S37 Understanding the Institution  
Chair: Dr Adrian James, Registrar, Royal College of Psychiatrists  
What can we learn from the Psychiatrists’ Support Service?  
Dr Rosalind Ramsay, Specialist Advisor, Psychiatrists’ Support Service, Royal College of Psychiatrists  
Institutional dynamics and individual and organisational flourishing  
Dr Rubin Velay, Tavistock Consulting, part of the Tavistock and Portman NHS Foundation Trust  
The College position on sustaining psychiatrists throughout their career  
Dr Daniel Maughan, Consultant Psychiatrist at Oxford Health NHS Foundation Trust and Associate Registrar for Sustainability for RCPsych

Hall 4  
CLINICAL PRACTICE  
S38 Behavioural addictions: update on diagnosis and treatment  
Chair: Professor Jon Grant, Department of Psychiatry, University of Chicago  
Neurobiology and treatment of hair pulling disorder: cross–cutting issues  
Dr Sam Chambelain, Department of Psychiatry, University of Cambridge, & Cambridge and Peterborough NHS Foundation Trust (CPFT)  
Problematic Usage of the Internet – a Wake Up Call for Clinicians  
Professor Naomi Fineberg, Hertfordshire Partnership University NHS Foundation Trust and University of Hertfordshire  
Recognition and Treatment of Compulsive Sexual Behaviours  
Professor Jon Grant, Department of Psychiatry, University of Chicago

Hall 10  
CLINICAL PRACTICE  
S39 Reconciliation in our Nations  
Speaker: Dr Kym Jenkins, President of the Royal Australian and New Zealand College of Psychiatrists (RANZCP), Melbourne, Australia  
Panel discussants: Dr Kym Jenkins, President of the Royal Australian and New Zealand College of Psychiatrists (RANZCP), Melbourne, Australia; Professor Satyasrathi Bhaumik, Leicester Partnership NHS Trust and Professor Kamaldeep S. Bhui, Professor of Cultural Psychiatry & Epidemiology, Centre Lead for Psychiatry, Wolfson Institute of Preventive Medicine, Ham, Consultant Psychiatrist, East London Foundation Trust, Bart's & The London School of Medicine & Dentistry, Queen Mary University of London, London, UK

18.00–19.00  
Hall 11  
Presentation Ceremony  
Including addresses from Professor Sir Simon Wessely, Professor Jacky Hayden, Dr Lawrene Mynors–Wallis, Miss Karen Turner

Hall 11  
CLINICAL PRACTICE  
S42 Metabolic underpinning of psychiatric disorders  
Chair: Dr Fiona Gaughran, National Psychosis Unit, Maudsley Hospital, London and Reader, Institute of Psychiatry, Psychology and Neuroscience, KCL  
Inherent links between metabolic dysregulation and severe mental illnesses  
Dr Carol Kan, Institute of Psychiatry, Psychology and Neuroscience, KCL  
Evidence of the lipid paradox? Considering metabolic alterations in first episode psychosis  
Dr Toby Pillinger, King’s College London  
Bridging the mortality gap in severe mental illnesses: What is the role for psychiatrists?  
David Hopkins, Clinical Director, Ambulatory Medicine, Clinical Academic Group Lead, Diabetes, Endocrinology and Obesity Institute and Network, King’s Health Partners

Hall 1  
PSYCHOPHARMACOLOGY  
S43 Managing sleep disorders: A review of the revised British Association for Psychopharmacology Guidelines  
Chair: Professor Hamish McAllister–Williams, Professor of Affective Disorders, Newcastle University, UK  
Overview of the BAP Sleep Guidelines  
Dr Sue Wilson, Imperial College London  
The Management of Insomnia  
Dr Hugh Sellick, Royal London Hospital  
The Management of other sleep disorders  
Dr Kirstie Anderson, Newcastle upon Tyne Hospitals Trust
9:40–10:35
Hall 10
CLINICAL PRACTICE
S43 Assertive community treatment for alcohol dependence
Chair: Dr Julia Sinclair, University of Southampton
Assertive outreach for alcohol dependence
Professor Colin Drummond, Professor of Addiction Psychiatry, Institute of Psychiatry, Psychology and Neuroscience
A view from the acute hospital: Managing alcohol problems in a changing clinical environment
Dr Ed Day, Senior Clinical Lecturer in Addiction Psychiatry, Institute of Psychiatry, Psychology and Neuroscience and Pete Duffield, Birmingham and Solihull NHS Trust
Clinical Outcomes 6 months after an acute medical admission – what does a naturalist study Afternoon Teach us about assertive outreach?
Dr Julia Sinclair, University of Southampton

Hall 4
POLICY AND MEDIA
S44 Mental Health Law Reform across the United Kingdom
Chair: Dr Steven Gilbert, Independent Review of the Mental Health Act 1983, Vice Chair
The Mental Health Act in England and Wales
Professor Colin McKay, Chief Executive, Mental Welfare Commission for Scotland
The Mental Health Act in Scotland
Dr Penny Lynch, Chair of RCPsych in N.I. and Vice President of The Royal College of Psychiatrists
The Mental Health Act in Northern Ireland
The Independent Review of the Mental Health Act 1983
Professor Sir Simon Wessely, Institute of Psychiatry, Psychology and Neuroscience, KCL

10:55–11:20
Coffee Hall 3

11:25–12:40
Hall 11
NEW SCIENCE
S45 Interoception in psychiatry: A treatment target for symptom control in eating disorders, addiction, anxiety and autism
Chair: Professor Hugo Critchley, Brighton and Sussex Medical School
Interceptive dysfunction across psychiatric disorders
Professor Sahil Khalsa, Laureate Institute for Brain Research and University of Tulsa, USA
Interoceptive trait prediction error in anxiety and dissociation
Dr Sarah Garfinkel, Sackler Centre for Consciousness Science, University of Sussex
Interoception, social cognition and autism
Professor Geoff Bird, University of Oxford

Hall 1
PSYCHOPHARMACOLOGY
S46 Prescribing medication during pregnancy. A review of the new British Association for Psychopharmacology perinatal guidelines
Chair: Professor Hansish McAllister-Williams, Newcastle University
Overview of the BAP Perinatal Guidelines
Professor Hansish McAllister-Williams, Newcastle University
The Management of Depression in the Perinatal Guidelines
Professor Ian Jones, University of Cardiff
The Management of Bipolar Disorder in the Perinatal Period
Dr Angelika Wierck, University of Manchester

11:25–12:40
Hall 4
CLINICAL PRACTICE
S47 Community Psychiatry is dead… Long Live Community Psychiatry
Chair: Professor Tim Kendall, National Clinical Director for Mental Health NHS England and NHS Improvement
The End of Community Psychiatry
Professor Tim Kendall, National Clinical Director for Mental Health NHS England and NHS Improvement
Community Psychiatry… Rising from the ashes
Professor Steve Fillon, Professor of Clinical Psychology & Clinical Effectiveness
Prism – a new model for the delivery of mental health in the community
Dr Emma Tiffin, GP and Clinical Commissioning Lead for Mental Health

Hall 10
CLINICAL PRACTICE
S48 Ethnic minority inequalities in severe mental illness, recent findings from the UK
Chair: Professor Swaran Singh, Warwick Medical School
Incidence of psychosis and patheways into care in Black African and Black Caribbean people with psychosis
Sheri Delsola, Lecturer in Mental Health Nursing
Ethnicity and the course and outcome of psychoses
Professor Craig Morgan, IDPNI, King’s College London
Ethnic minority inequalities in access to high quality treatments for schizophrenia: Findings from the RCPsych National Audit of Schizophrenia
Dr Jayati Das-Murthy, IDPNI, King’s College London

Hall 9
POLICY AND MEDIA
S49 Taming the Beast: harnessing the media and politics to get a better deal for mental health
Chair: Professor Adrian James, Registrar, Royal College of Psychiatrists
Taming the Beast: harnessing the media and politics to get a better deal for mental health
Dr Kate Lovett, Dean, RCPsych
Taming the Beast: harnessing the media and politics to get a better deal for mental health
Professor Wendy Burn, President, RCPsych
Taming the Beast: harnessing the media and politics to get a better deal for mental health
Dr Kim Catcheside, Director, Strategic Communications, RCPsych

12:40–13:35
Lunch Hall 3
RF401 Self harm and suicidality in black and minority ethnic (BME) groups: Amber Barthoupe

RF402 Health care providers in 'The Jungle': mental health and psychosocial support offered to refugees in the Calais camp
Amy Danan BA, MSc, MBChB, student, University of Leeds, UK; Clare Blacklock MBChB MRCP MRCPG BMIH PgcD: FHEA, Visiting Lecturer, University of Leeds

RF510 EDUCATION

RF403 Driving with Dementia and MCI: The Development of a Consensus Guideline
Dr Paul Donaghy, ST6 Academic Clinical Lecturer, Newcastle University; Ms Kirsty Okim, Research Associate, Newcastle University; Dr John-Paul Taylor, Senior Clinical Lecturer, Newcastle University on behalf of the Driving and Dementia Guidelines Working Group

RF404 Addressing the Mental Health Needs of Inmates through Service and Education to Correctional Officers
Dr Kisan Patel, FRCPych, Forensic Psychiatrist and Associate Professor, Mr Kiren Sandhu, MSW, Adjunct Lecturer, Factor-Inwentash Faculty of Social Work; Mr Nina Flora, BSc (Hons), Research Analyst; Mr Tanya Cordiner, MSW, Adjunct Lecturer, Factor-Inwentash Faculty of Social Work; Ms Sarah Moss, BSc (Hons), Research Analyst; Dr Shaheen Darani, MD, FRCP, Forensic Psychiatrist and Associate Professor; Dr Alexander (Sandy) Simpson, TRANDP, Chief of Forensic Psychiatry & Associate Professor

RF405 Students with specific learning difficulties in undergraduate medical education: are attempts at equality working?
Dr Jake Erland, C2, Cardiff & Vale UHB

RF406 A survey exploring attitudes, skills and willingness of paediatric trainees to assess and manage children and young people with acute mental health presentations in secondary care – Peninsula Trainee Research Audit & Innovation Network (PenTRAIN)
Dr Eva Wooding, Paediatric ST1, Royal Devon and Exeter NHS Foundation Trust; Dr Tim Mason, Paediatric ST5, Royal Devon and Exeter NHS Foundation Trust; Dr Ruth Corne, Consultant Psychiatrist, Royal Devon and Exeter NHS Foundation Trust

RF611 SERVICE EVALUATION

RF407 CRIPS3: A powerful tool for predicting cardiovascular disease risk in people with severe mental illness. An example from an area of socioeconomic deprivation in Scotland
Dr Matthew Beatson, MBChB, NHS Lanarkshire; Dr Claire McGinley, ST5, NHS Lanarkshire; Dr Matthew Cardwell, Consultant, NHS Lanarkshire; Dr Pulash Shawhan, Consultant, NHS Lanarkshire

RF408 Patient Cardiovascular Risk in a Low Secure Forensic Setting
Dr Ruth Freer, ST4 Forensic Psychiatry, The Maudsley Training Programme

RF409 Assessing the risk of venous thromboembolism in psychiatric in-patients
Miss Natasha Gibbs, Medical Undergraduate, Cardiff University Medical School; Miss Carla–Marie Grubb, Medical Undergraduate, Cardiff University Medical School; Miss Sophie Mustoe, Medical Undergraduate, King’s College London Medical School; Miss Eleanor Waters, Medical Undergraduate, Edinburgh University Medical School; Dr David Cordiner, ST5, King’s College NHS Foundation Trust; Dr Sarah Pitch, ST4, Cwm Taf University Health Board; Dr Lucy Steeland, Clinical Research Fellow, University of Edinburgh; Mr Munzir Watkins, Medical Undergraduate, Cardiff University Medical School; Dr John Paul Taylor, Senior Clinical Lecturer, Newcastle University on behalf of the Driving and Dementia Guidelines Working Group

RF410 Development of a Questionnaire to Assess Patient Satisfaction and Experience
Dr Nicola Dighton, CTO, Dykerbe Hospital, NHS GGC; Dr David Osborne, Consultant Psychotherapist, Dykerbe Hospital, NHS GGC

RF9 RESEARCH

RF400 Annual health checks as a measure of health inequalities in people with intellectual disability (ID): comparison to a non-ID cohort in London and the whole of England
Dr Salma Audi, FY1, BHMental Health NHS Trust; Dr Bhathika Perera, Consultant Psychiatrist; BHMental Health NHS Trust; Dr Ken Coutnegre, Consultant Psychiatrist, BHMental Health NHS Trust

RF401 Factors to consider when assessing the risk of thromboembolism in psychiatric in-patients
Miss Natasha Gibbs, Medical Undergraduate, Cardiff University Medical School; Miss Carla–Marie Grubb, Medical Undergraduate, Cardiff University Medical School; Miss Sophie Mustoe, Medical Undergraduate, King’s College London Medical School; Miss Eleanor Waters, Medical Undergraduate, Edinburgh University Medical School; Dr David Cordiner, ST5, King’s College NHS Foundation Trust; Dr Sarah Pitch, ST4, Cwm Taf University Health Board; Dr Lucy Steeland, Clinical Research Fellow, University of Edinburgh; Mr Munzir Watkins, Medical Undergraduate, Cardiff University Medical School; Dr John Paul Taylor, Senior Clinical Lecturer, Newcastle University on behalf of the Driving and Dementia Guidelines Working Group

RF402 Developing a Questionnaire to Assess Patient Satisfaction and Experience
Dr Nicola Dighton, CTO, Dykerbe Hospital, NHS GGC; Dr David Osborne, Consultant Psychotherapist, Dykerbe Hospital, NHS GGC
14.45–16.00  
**Hall 11**  
**CLINICAL PRACTICE**  
**MC6** Shared decision making and values based practice in psychiatry: the Montgomery case  
Chair: Dr Mayura Deshpande, Professional and Ethics Committee Chair, Royal College of Psychiatrists  
Montgomery, the facts of the case  
Dr Gwen Adshead, Forensic Psychiatrist & Psychotherapist, Southern Health & CNWL Foundation Trusts  
Skills and spills: What does Montgomery really mean for clinical care?  
Professor Bill (KWM) Fulford, St Catherine’s College, Oxford  
Uncharted Territory: Co-developing Core Values for Psychiatrists  
Ms Veryan Richards, Patient Representative, Royal College of Psychiatrists  
Person centered care  
Dr Subodh Dave, Assoc. Dean for trainee support, Hon. Assoc. Professor, University of Nottingham and Consultant Psychiatrist, Derby

**Hall 9**  
**POLICY AND MEDIA**  
**S53** Reading, Writing and Rebellion – 3 authors in discussion with the Dean  
Chair: Dr Kate Lovett, Dean, Royal College of Psychiatrists  
Dr Jean O’Hara, National Clinical Director for Learning Disabilities, NHS England, Consultant Psychiatrist, South London and the Maudsley NHSFT  
Professor Linda Gask, Author of The Other Side of Silence and Professor of Psychiatry, University of Manchester  
Dr Joanna Cannon, Author of The Trouble with Goats and Sheep and The Things About Elsie

16.00–16.20  
**Afternoon Tea**  
**Hall 3**

16.25–17.40  
**Hall 4**  
**NEW SCIENCE**  
**S54** Prospective mood monitoring in bipolar disorder: clinical and research perspectives  
Chair: Professor Ian Jones, Congress Co–chair  
Prospective mood monitoring in bipolar disorder: the clinical perspective  
Dr Kate Saunders, University of Oxford  
Prospective mood monitoring in bipolar disorder: the research perspective  
Professor Lisa Jones, University of Worcester and Professor Eleanor Bradley, University of Worcester  
Prospective mood monitoring in bipolar disorder: phenotype–genotype correlations  
Dr Arianna Di Florio, Cardiff University

**Hall 1**  
**PSYCHOPHARMACOLOGY**  
**S55** Antipsychotic medication after remission from first episode Psychosis: Continuation, discontinuation or other strategies?  
Chair: Professor Matthew Broome, University of Birmingham  
Discontinuation of antipsychotics in First episode Psychosis: comparison between medications  
Dr Richard White, Principal lecturer in Psychiatry and Consultant Psychiatrist, Brighton and Sussex Medical School, Sussex Partnership NHS Foundation Trust  
Predictors of relapse following discontinuation from antipsychotics after remission from first episode Psychosis  
Dr Pavan Mallikarjun, Clinical Senior Lecturer & Honorary Consultant Psychiatrist, Institute of Mental Health, University of Birmingham  
Maintenance treatment versus discontinuation strategies after remission from first episode psychosis  
Dr Andrew Thompson, Associate Professor of Psychiatry, Warwick Medical School, University of Warwick

16.25–17.40  
**Hall 9**  
**CLINICAL PRACTICE**  
**MC7** Engaging And Empowering Families During Therapy  
Chair: Dr Raphael Kelvin, MindEd National Clinical Lead, Consultant Child & Adolescent Psychiatrist, c/o RCPsych  
Co-creating with parents and carers creates relevance and quality.  
Dr Brian Jacobs, Lead editor for CYP MindEd and Honorary Consultant, South London & Maudsley NHS Foundation Trust  
Co-creating: writing with older people for older people  
Dr Clare Hilton, MindEd for Older People, Lead Editor, c/o RCPsych  
Parents and Carers empowerment through co creation  
Julia Garden, Community Fundraising Officer, YoungMinds and Wendy Minhinnett

**Hall 11**  
**CLINICAL PRACTICE**  
**S56** In sight and in mind; improving the quality of care for people with severe and complex mental health problems  
Chair: Professor Helen Kilaspy, Division of Psychiatry, UCL  
The CQC’s role in improving the care of people with complex mental health needs  
Dr Paul Leffott, Care Quality Commission  
Out of area placements; the independent sector perspective  
Dr Sabina Burza, Privity Group  
Improving quality of the whole system mental health rehabilitation care pathway  
Dr Sri Kalidindi, South London and Maudsley NHS Foundation Trust

**Hall 10**  
**POLICY AND MEDIA**  
**S57** The importance of inclusion and empowerment of people with intellectual disabilities  
Chair: Dr Jean O’Hara, Consultant Psychiatrist and National Clinical Director for Learning Disabilities, NHS England  
Working as a learning disability adviser in NHS England  
Carl Shaw, David Gill & Gavin Harding, Learning Disability Advisers, NHS England  
Q&A  
Working in co-production with people with intellectual disabilities and their families – UK and European experiences  
Dr Roger Banks, President, European Association of Mental Health and Intellectual Disabilities  
Strength based approaches and mental health outcomes associated with the START program in the U.S.  
Dr Jean B Beasley, Research Associate Professor, Director, Center for START Services  
Q&A

17.40  
**Close**
New Horizons: New Opportunities to support your College

The future of psychiatry is strengthened by the community around it and the backbone of the Royal College of Psychiatrists has always been its members.

Over the last 5 years, College members, together with the philanthropists who have been inspired by their work, have raised over £2m to fund initiatives which have championed the voice of psychiatry; enhanced psychiatric research and made it possible to build a community around future generations of psychiatrists.

This generosity has inspired:

- The Gatsby/Wellcome Integrating Neuroscience Project, a flagship initiative aimed at integrating a neuroscientific approach into the psychiatric curriculum.
- The Pathfinder Fellowship programme, which attracts the brightest and the best medical students into the world of mental health.
- The RC Psych / Rosetrees Clinical Research Fellowship, funding further academic research projects.
- The Donald Dean Research Fellowship, which funds an academic psychiatrist to research issues around mental health in the workplace.
- And more recently, programmes aimed at supporting trainees as they join the College and begin their psychiatric career.

We thank you for this incredible support.

We need your help to continue this work.

The College is a charity which, through its members, aims to have a real and lasting impact for people with mental illness and we welcome all and any support you can offer.

The College is exploring opportunities to diversify its income. This includes exporting its products and services into international markets, and as such, is developing a range of propositions that could help deliver long-term revenue streams for the College which in turn, will enable us to support and champion psychiatry even more.

Director of Development, Liz George and Commercial Consultant, Harry Weber-Brown will be in attendance at the International Congress. They would love to meet you and explore opportunities that you may have identified for the College to deliver services outside of the UK.

You can also talk to Liz or Harry about funding ideas, identifying commercial opportunities, and how you can either make or encourage donations to the College. They would love to hear from you.

Please do contact them by phoning 07718 191485 or emailing liz.george@rcpsych.ac.uk

Venue Plan

![Venue Plan Diagram]
Got a great idea for next year’s congress?
Call for suggestions opens 27 July 2018