

THE ROYAL COLLEGE OF PSYCHIATRISTS
INTERNATIONAL CONGRESS



BIRMINGHAM 2018

24-27 June



Psychiatry: New Horizons



Join the conversation
#RCPsychIC

programme

Join our team...



Consultant In General Adult Psychiatry



Applications are invited to apply for the posts of Consultant in General Adult Psychiatry. These posts are based at Royal Cornhill Hospital, a purpose built facility in the centre of Aberdeen in the North East of Scotland.

The postholders will be responsible for leadership of a Mental Health Team providing General Adult Psychiatric services (both Inpatient and Outpatient) to a catchment population in Aberdeen City or Aberdeenshire. Catchment populations are based on Primary Care catchments and there is close liaison between Mental Health Teams and General Practice.

There is a full range of specialist services including Old Age Psychiatry, Forensic Psychiatry, Liaison Psychiatry, Psychotherapy and Substance Misuse. The service has fully accredited schemes for Basic and Higher Training in Psychiatry.

Full registration with a license to practice with the GMC is required. For more information visit www.gmc-uk.org.

Those trained in the UK should have evidence of higher specialist training leading to CCT or be within 6 months of confirmed entry from date of interview or eligibility for specialist registration (CESR).

NHS Grampian provides the perfect solution to all interests and lifestyles. Aberdeen has a very buoyant economy and offers all the attractions of any major city. Aberdeenshire boasts many picturesque towns and villages within easy commuting distance and provides access to a large range of outdoor pursuits including skiing. There are excellent transport links with Glasgow and Edinburgh easily accessed by train and Aberdeen airport has multiple flights to London daily and other destinations across Europe. Assistance with relocation may be available.

Informal enquiries are welcomed by Dr A Shand, Clinical Director, Adult Mental Health Services on 01224 557536.

to find out more about NHS grampian go to:

 [NHSGrampian](#)  [NHS.Grampian.Scotland](#)

Contents

Organising Committee.....	2
Welcome	3
General Information	4
Satellite Meetings	6
Congress App.....	7
Social Events.....	8
Programme Overview	10
Student & Trainee Events	14
Programme in Detail	15
Venue Plan	41

Executive Committee

Regi Alexander	Anne Lingford-Hughes
Wendy Burn	Kate Lovett
Hugo Critchley	Lade Smith
Ian Hall	Nick Walsh
Ian Jones	Simon Wessely

Advisory board

Katherine Adlington	Kenneth Kaufman
Ignacio Agell Argiles	Helen Killaspy
David Baldwin	Ania Korszun
Mohan Bhatt	Hamish McAllister-Williams
Sab Bhaumik	Kate Milward
Matthew Broome	Omer Moghraby
Manash Chattopadhyay	Rajesh Mohan
Gareth Cuttle	Fauzan Palekar
Jan Falkowski	Bhathika Perera
Jeremy Hall	Abdul Raoof
Adrian James	Pamela Taylor
Sri Kalidindi	Peter Woodruff
Suresh Kallur	Allan Young

Dear Colleague,

It gives us great pleasure to warmly welcome you to our International Congress in Birmingham, a city of culture and heritage that offers something for everyone.

Our theme is Psychiatry: New Horizons, and in keeping with that we have a programme that features not just the best of international academic psychiatry, but patients, families and opinion leaders in mental health from the social and political sphere. Indeed, over the 4 days of the conference, we have 15 keynotes and about 70 parallel sessions that cover an eclectic range of topics ranging from basic sciences, clinical psychiatry, policy areas and the socio-cultural realm, all relevant to mental health.

Our keynote speakers on day 1 will include Professor Wendy Burn, delivering her maiden inaugural address as the College's new President, Baroness Hale, Chief Justice of the Supreme Court of the United Kingdom on whether it is time for yet another Mental Health Act, Professor Elias Eriksson on the efficacy of antidepressants and the award winning journalist and writer Sathnam Sanghera, author of the Boy with the Topknot and Marriage Material.

Day 2 features three stalwarts – Sir Robin Murray, the most cited psychosis researcher outside the US and a professor who has seen 40 of his students go on to become full professors elsewhere, Professor Ray Dolan, winner of the 2017 Brain Prize and Professor Karl Friston recently ranked No. 1 by Semantic Scholar in the list of top 10 most influential neuroscientists in the world.

Day 3 will have Professor Simon Lovestone, a practising Old Age Psychiatrist and Professor of Translational Neuroscience at Oxford, Dr Altha Stewart, President of the American Psychiatric Association, Professor Mary Phillips who heads the Clinical and Translational Affective Neuroscience Program in the Department of Psychiatry at the University of Pittsburgh and Professor Emily Holmes, a Professor in Psychology at the Karolinska Institute's Department of Clinical Neuroscience, Sweden.

On day 4, Professor Hamish McAllister-Williams, Professor of Affective Disorders at Newcastle features alongside psychiatrist turned bestselling writer Joanna Cannon, author of The Trouble with Goats and Sheep and the award winning mental health campaigner Jonny Benjamin MBE.

In addition to these keynotes, the real strength of the Congress has always been the wide range of parallel sessions presented by an international faculty and the 2018 menu is as rich as always. Do have a quick browse of the full programme to fully appreciate the breadth and strength of what is on offer. As always, we are very grateful for the many suggestions and proposals from the College's trainees, members, fellows and well-wishers, in particular, the patients and families who helped us to shape the 2018 programme, and we really look forward to hearing your ideas for next year's International Congress in London.

As always, we are very grateful for the many suggestions and proposals from all contributors who helped us to shape the 2018 programme, and we really look forward to hearing your ideas for next year's International Congress in London.

Dr Regi Alexander, Professor Ian Jones and Dr Shubulade Smith, Congress Co-chairs

Dr Ian Hall, Associate Dean for Advanced Learning and Conferences

General Information

Accreditation / CME / CPD

The **International Congress of the Royal College of Psychiatrists, Birmingham, United Kingdom, 24/06/2018-27/06/2018** has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **24** European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.

Live educational activities, occurring outside of Canada, recognized by the UEMS-EACCME for ECMEC credits are deemed to be Accredited Group. Learning Activities (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada.

Certificate of attendance

Your certificate of attendance will be emailed to you by 31 August.

Congress Organiser

The Royal College of Psychiatrists, 21 Prescot Street, London E1 8BB
Email: congress@rcpsych.ac.uk Telephone: +44 (0) 20 3701 2618

Declarations of interest

A list of speaker and facilitator declarations of interest are available on the congress app and the College's website

Feedback

There are a number of ways for you can give us your feedback:

- Come to the helpdesk at any time during the congress – we want to know if you are enjoying the event or if there is anything we can do to improve.
- You can rate each session via the congress app.
- A more detailed online feedback form will be emailed to you immediately after the congress.

Please take the time to give us your feedback, everything received remains confidential and we use all comments to improve future meetings.

Helpdesk

College staff will be at the helpdesk throughout the congress. Come to see us if you need anything and we will be happy to help.

Poster exhibition

Posters and rapid fire poster sessions will be presented in the Hall 3 Gallery, above the catering and exhibition area. You can find a full poster and exhibition guide in your delegate bag.

Following feedback from delegates and poster authors, this year we are offering traditional poster boards. If you miss e-posters, let us know via the feedback form!

Prayer Room

A prayer room is available in the main concourse near Starbucks

Room Capacity

Please make sure you take a seat towards the centre of a row and use every available space so those arriving after you can easily find a seat.

Although every effort has been made to avoid this, some sessions may fill up quickly and places will be allocated on a first come first serve basis. If there is a session that you absolutely must attend, please make sure you get there early!

Security

Please be advised that a film crew from an anti-psychiatry organisation may film or attempt to interview you in front of the venue, and in the surrounding congress hotels. All national and local media who attend our congress are required to wear College press identification badges. If you are concerned that a person wishing to interview you is not a genuine journalist, please ask them to show you their NUJ Press Card or alert the College's on-site staff.

Please ensure you wear your badge for security purposes at all times.

Social Media

The College will be tweeting all this week, giving regular updates on the latest news from the Congress. If you're not already following the RCPsych, start following now – twitter.com/rcpsych.

If you're tweeting during the conference, please join us by using this hash tag: [#RCPsychIC](https://twitter.com/rcpsych)

The Mess: Student and Trainee Lounge

Come to #TheMess in Hall 3 to meet the Psychiatric Trainees' Committee (PTC), as well as other students, foundation doctors and trainees who are also interested in psychiatry. You can find a full programme of activities on page 14.

Wi-Fi

Complimentary WiFi is available throughout the venue. You can log in by choosing Free ICC WiFi – it is not necessary to enter a password.

Sunday 24 June

12.00 – 13.00 **European Division Meeting** [Executive Room 2](#)

Monday 25 June

8.00 – 9.00 **International Divisions Business Meeting** [Executive Room 2](#)

9.40 – 10.40 **Leadership Meeting** [Executive Room 2](#)

11.00 – 13.00 **Books Committee** [Executive Room 2](#)

12.45 – 13.40 **LGBT SIG Annual Business Meeting & Lunch** [Media Suite A](#)

13.00 – 14.00 **Middle East Division Meeting** [Executive Room 2](#)

14.00 – 17.00 **PMB** [Executive Room 2](#)

15.00 – 16.00 **RCPsych and WPA Meeting** [Media Suite A](#)

17.00 – 18.00 **Reception for Outgoing Officers** [Executive Room 8](#)

Tuesday 26 June

9.30 – 11.30 **Divisions and Devolved Nations’ Chairs and Managers Meeting** [Media Suite A](#)

11.30 – 12.45 **4 Nations Policy Meeting** [Media Suite A](#)

12.45 - 13.40 **Retired members’ lunch** [Hall 7](#)

12.50 – 13.40 **Women and Mental Health Special Interest Group (WMHSIG) Networking Event-**
both members and non-members of the SIG welcome [Level 4](#)

13.00 – 14.00 **African Division Meeting** [Media Suite A](#)

18.30 – 20.00 **Publications Reception** [Executive Room 2](#)

Wednesday 27 June

8.00 – 9.00 **South Asia Division Meeting** [Executive Room 2](#)

12.45 – 13.45 **West Pacific Division Meeting** [Media Suite A](#)

14.00 – 17.00 **Community MH Pathway Meeting** [Executive Room 2](#)

Download the International Congress app to access all the information you will need to navigate the event.

- Up to date programme information including last minute changes
- Speaker biographies and photographs
- Abstracts and speaker presentations
- Posters
- Exhibition information
- Interactive maps to help you find your way around the venue
- Important updates and reminders with push notifications
- Session feedback

How to download the Congress App

Our App is only available to Congress delegates and you will already have received an invitation to join the app. If you haven’t already, check your email for an invitation message from RCPsychICApp. If you have not yet received an invitation from us, please speak to a member of staff at the help desk or email jonathan.bennett@rcpsych.ac.uk for a new invitation.

Social Events

Blake Marsh Welcome Reception

Date: Sunday 24 June 2018 **Time:** 18.45–19.30

Place: ICC Hall 3

Price: Complimentary

Join your colleagues for a glass of wine or two to officially kick off proceedings at IC18. This is a free event for all delegates and a great opportunity to mingle with other professionals. Although this is a free event, you must pre-book.

West Midlands Private and Independent Practice SIG Drinks Reception

Date: Monday 25 June 2018

Time: 18.00–19.30

Place: 1 Oozells Square, Brindleyplace, Birmingham B1 2HS

Price: Free but this event is fully booked.

West Midlands PIPSIG will hold a drinks reception at Ikon Gallery (adjacent to conference centre). Canapés and refreshments will be available followed by a cash bar.



Student & Trainee's Dinner

Date: Monday 25 June 2018 **Time:** 19.30

Place: Nosh and Quaff,
Victoria Square, 130 Colmore Row, Birmingham B3 3AP

Price: £40 per person

Don't miss out on the Student and Trainee's Dinner at Nosh and Quaff, Birmingham's irresistible one-stop, feel-good venue.



Retired Members' Lunch

Date: Tuesday 26 June **Time:** 12.45–13.40

Place: Hall 7

Price: Complimentary for registered delegates

We invite retired members of the College to come along to the retired members' lunch which will be held at the Congress venue. The lunch will be an excellent opportunity to meet, network and catch up with other retired College members.

Congress Fun Run

Date: Tuesday 26 June 2018 **Time:** 08.00

Place: Conference main entrance

Join a group of brave delegates in a 5k jog along the canals of Birmingham! All abilities welcome. Meet at the conference main entrance and bring your trainers!



Congress Gala Dinner

Date: Tuesday 26 June 2018 **Time:** 20.30

Place: The Rotunda,
Centenary Square, Broad St, Birmingham B1 2ND

Price: £75 per person

The stunning book lined space of the Rotunda in the heart of the Library of Birmingham, next to the International Convention Centre, offers an iconic setting for our Gala Dinner

Join us for a Drinks Reception followed by a 4 course meal..



**All social events are for pre-registered delegates only.
Please go to the Helpdesk if you wish to book a place.**

Programme Overview

Programme information listed as of 1st June 2018.
For up-to-date programme changes, please download the International Congress App

Sunday 24 June 2018					
Time	NEW SCIENCE	CLINICAL PRACTICE	PSYCHO-PHARMACOLOGY	CLINICAL PRACTICE	CLINICAL PRACTICE
11.00 – 13.00	Registration and coffee				
13.00 – 13.05	Welcome Address Hall 1 Dr Regi Alexander, Professor Ian Jones and Dr Lade Smith, Congress Co – chairs				
13.05 – 13.35	KN1 President's Opening Lecture Hall 1 Professor Wendy Burn, President of the Royal College of Psychiatrists				
13.35 – 14.05	KN2 Is it time for yet another Mental Health Act? Hall 1 Baroness Hale of Richmond, President of the Supreme Court				
14.05 – 14.15	KN3 Chief Executive's Address Hall 1 Paul Rees, Chief Executive of the Royal College of Psychiatrists				
14.25 – 15.40	S1 Findings from three major US and UK trials to improve physical health for people with severe mental illness. The HOME, STEPWISE and PRIMROSE trials. Hall 9	S2 Advances in Phenomenological Psychiatry Hall 1	S3 Joint BAP NAPICU Evidence Based Guidelines for The Clinical Management of Acute Disturbance (De – escalation and RT) Hall 4	S4 Addressing suicide risk in vulnerable groups Hall 11	S5 Update on Neurostimulation for Depression Hall 10
15.40 – 16.10	Afternoon Tea Hall 3				
15.45 – 16.10	Rapid Fire Poster Presentations Hall 3 Gallery				
16.15 – 17.30	S6 Neurobiology of Obsessive Compulsive Disorder: Historical Overview and Recent Developments Hall 4	S7 Physical Activity Interventions in Severe Mental Illness Hall 9	S8 ADHD: comorbidity, treatment evidence, and prescribing concerns Hall 1	S9 A fighting chance: overcoming the national mental health workforce shortage Hall 10	S10 Neurosurgical treatments for psychiatric disorders: separating hope from the hype Hall 11
17.40 – 18.10	KN4 The efficacy of antidepressants Hall 1 Professor Elias Eriksson, University of Gothenburg, Sweden				
18.10 – 18.40	KN5 Have mental health awareness campaigns created more problems than they have solved? Hall 1 Sathnam Sanghera, Author of The Boy with the Topknot and Marriage Material				
18.45 – 19.30	Welcome Reception Hall 3				

Tr See page 14 for Trainee Events details

Monday 25 June 2018					
Time	NEW SCIENCE	NEURO-PSYCHIATRY	PSYCHOSIS	CLINICAL PRACTICE	QUALITY IMPROVEMENT/ DEVELOPMENTAL PSYCHIATRY
8.00 – 9.00	Registration and coffee				
9.00 – 9.30	KN6 Reward, learning and relevance to psychopathology Hall 1 Professor Ray Dolan, UCL, UK				
9.15 – 9.30	Launch of 'Choosing Wisely' in psychiatry, 2018 Hall 11				
9.40 – 10.55	S11 Recent Advances in Dementia Hall 1	TC1 Disorders at the interface of neurology and psychiatry: Core skills in neuropsychiatry Hall 4	S12 Quality of prescribing, physical health care and use of compulsion in the treatment of people with psychosis: Launch of the report from the third round of the National Audit of Psychosis Hall 11	S13 The United Kingdom's counter-terrorism Prevent Strategy & ethical issues for mental health services Hall 9	S14 Improvement, Involvement and Recovery – the role of the psychiatrist Hall 10
10.55 – 11.25	Coffee Hall 3				
11.30 – 12.45	S15 Gambling disorder: the latest in neurobiological mechanisms to clinical treatment Hall 10	TC1 Disorders at the interface of neurology and psychiatry: Parkinson's Disease Hall 4	S16 In a room with a rheumatologist, neurologist and psychiatrist: lessons learnt from lupus psychosis and beyond Hall 9	MC1 Asylum Seeker/ Refugee Mental Health: core skills for the practising psychiatrist Hall 11	S17 Mood Instability: its relation to traumatic exposures and adult mental health outcomes Hall 1
12.45 – 13.40	Lunch Hall 3				
13.20 – 13.45	Rapid Fire Poster Presentations Hall 3 Gallery				
13.50 – 14.20	KN7 Schizophrenia is a myth with a significant genetic component Hall 1 Professor Sir Robin Murray, Professor of Psychiatric Research, Institute of Psychiatry, King's College London, UK				
14.20 – 14.50	KN8 The computational anatomy of psychosis Hall 1 Professor Karl Friston, Neuroscientist, UK				
15.00 – 16.15	S18 UK Biobank – a resource for mental health research Hall 9	TC1 Disorders at the interface of neurology and psychiatry: functional Neurological Disorders Hall 11	TC2 Treatment Resistant Psychosis Part 1 Hall 1	S19 The myths of de-institutionalisation Hall 10	S20 Autism Spectrum Disorders, Co-morbidities and Risk Management Hall 4
16.15 – 16.40	Tea Hall 3				
16.45 – 18.00	S21 The brain-gut-adipose axis: breaking the dichotomy between physical and mental health Hall 4	TC1 Disorders at the interface of neurology and psychiatry Hall 9	TC2 Treatment Resistant Psychosis Part 2 Hall 1	S22 Mental Health Care for Underserved Populations -- Ethnic Inequalities Hall 10	S23 Session
18.00 – 19.00	AGM Hall 11				
18.10 – 20.00	Documentary film: Professor Julian Leff: Unravelling Schizophrenia Hall 1				

Tr See page 14 for Trainee Events details

Tuesday 26 June 2018					
Time	PSYCHO-PHARMACOLOGY	PSYCHIATRIC EDUCATION	QUALITY IMPROVEMENT	CLINICAL PRACTICE	CLINICAL PRACTICE
8.00–8.30	Registration and coffee				
8.30 – 9.00	KN9 Global Public Health Implications of Adverse Childhood Experiences Hall 1 Dr Altha Stewart, President of the APA, USA				
9.00 – 9.30	KN10 Alzheimer's disease: big problem, Big Data, big answer? Hall 1 Professor Simon Lovestone, Professor of Translational Neuroscience, University of Oxford,				
9.40 – 10.55	S24 New research-based treatment models for obsessive-compulsive disorders Hall 1	S25 Where Should I Publish?: A guide for students, trainees, researchers and consultants Hall 4	MC2 Making Serious Untoward Incident Reviews Constructive Hall 11	MC3 Incorporating genetic testing into routine psychiatric practice Hall 9	S26 ADHD (service organization) across the life-span Hall 10
10.55 – 11.25	Coffee Hall 3				
11.30 – 12.45	S27 Pharmacological management of schizophrenia: a review of the revised British Association for Psychopharmacology Guidelines Hall 1	S28 International collaboration with partners in sub-Saharan Africa for clinical and research capacity-building in psychiatry Hall 10	S29 RE:CREATE Psychiatry: Redefine Peer Support - a future practice model for mental healthcare Hall 9	MC4 Neuropsychiatric symptoms in dementia: Best practice in agitation, psychosis and depression from the Lancet Commission on Dementia Hall 4	MC5 The Rise of the Cyberpsychiatrist (295) Hall 11
12.45 – 13.40	Lunch Hall 3				
13.20 – 13.45	Rapid Fire Poster Presentations Hall 3 Gallery				
13.50 – 14.20	KN11 Mechanisms of mood disorder in the human brain: neural targets for new treatments ? Hall 1 Professor Mary Phillips, Professor of Psychiatry and Clinical Translational Science, University of Pittsburgh School of Medicine, USA				
14.20 – 14.50	KN12 Intrusive memories after trauma: from the lab to the emergency department? Hall 1 Professor Emily A. Holmes, Division of Psychology, Department of Clinical Neuroscience, Karolinska Institutet, Sweden and Visiting Professor, Department of Psychiatry, University of Oxford				
15.00 – 16.15	S30 Managing Mood Disorders - current and potential future options Hall 1	S31 Brexit and Britain's mental health workforce: Brain drain or gain? Hall 11	S32 10 years of caring for doctors Hall 10	S33 Using lived experience to improve the diagnostic process Hall 9	S34 Early Intervention for a new generation Hall 4
16.15 – 16.40	Tea Hall 3				
16.45 – 18.00	S35 Valproate prescribing - evidence of benefit and harm Hall 1		S37 Understanding the Institution Hall 9	S38 Behavioural addictions: update on diagnosis and treatment Hall 4	S39 Reconciliation in our Nations Hall 10
18.00 – 19.00	Presentation Ceremony Hall 11 Including addresses from Professor Sir Simon Wessely, Professor Jacky Hayden, Dr Lawrence Mynors-Wallis, Miss Karen Turner				

Wednesday 27 June 2018					
Time	NEW SCIENCE	PSYCHO-PHARMACOLOGY	CLINICAL PRACTICE	CLINICAL PRACTICE	POLICY AND MEDIA
8.00 – 9.00	Registration and coffee				
9.00 – 9.30	KN13 The management of depression: Is it depressing? Hall 1 Professor Hamish McAllister-Williams, Professor of Affective Disorders, Newcastle University, UK				
9.40 – 10.55	S40 New Perspectives on the risk of Postpartum Psychosis Hall 9	S41 Managing sleep disorders: A review of the revised British Association for Psychopharmacology Guidelines Hall 1	S42 Metabolic underpinning of psychiatric disorders Hall 11	S43 Assertive community treatment for alcohol dependence Hall 10	S44 Mental Health Law Reform across the United Kingdom Hall 4
10.55 – 11.20	Coffee Hall 3				
11.25 – 12.40	S45 Interoception in psychiatry: A treatment target for symptom control in eating disorders, addiction, anxiety and autism Hall 11	S46 Prescribing medication during pregnancy. A review of the new British Association Guidelines for Psychopharmacology perinatal guidelines Hall 1	S47 Community Psychiatry is dead... Long Live Community Psychiatry Hall 4	S48 Ethnic minority inequalities in severe mental illness, recent findings from the UK Hall 10	S49 Taming the Beast: Harnessing the media and politics to get a better deal for mental health Hall 9
12.40 – 13.35	Lunch Hall 3				
13.10 – 13.35	Rapid Fire Poster Presentations Hall 3 Gallery				
13.10 – 13.40	Together we are better – performance by MiXiT Hall 4				
13.40 – 14.10	KN14 The trouble with goats and sheep Hall 1 Dr Joanna Cannon, Author of The Trouble with Goats and Sheep and Three Things About Elsie				
14.10 – 14.40	KN15 A Conversation with Mental Health Activist Jonny Benjamin MBE and his father Hall 1				
14.45 – 16.00	S50 Changing brains and changing minds: The good, the bad and the potentially life-changing drama of synaptic plasticity Hall 4	S51 Advances in the rapid treatment of depression (triple chronotherapy or ketamine) Hall 1	S52 Domestic Violence and Abuse (DVA), Domestic Homicides and Mental Health Services: optimising the response to DVA by mental health services Hall 10	MC6 Shared decision making and values based practice in psychiatry: the Montgomery case Hall 11	S53 Reading, Writing and Rebellion – 3 authors in discussion with the Dean Hall 9
16.00 – 16.20	Tea Hall 3				
16.25 – 17.40	S54 Prospective mood monitoring in bipolar disorder: clinical and research perspectives Hall 4	S55 Antipsychotic medication after remission from first episode Psychosis: The Continuation, discontinuation or other strategies? Hall 1	MC7 Engaging And Empowering Families During Therapy Hall 9	S56 In sight and in mind; improving the quality of care for people with severe and complex mental health problems Hall 11	S57 The importance of inclusion and empowerment of people with intellectual disabilities Hall 10
17.40	Close				

Come to 'The Mess' to meet and College Officers and psychiatrists from a range of specialties as well as members of the PTC, other Medical Students, Foundation Doctors and Psychiatric Trainees.

Sunday 24 June, 12:15 – 13:00

Tr Meet the PTC – Hear how the PTC has implemented their report ‘Supported & Valued’ and how from this they are about to release another report with recommendations on ‘Staying Safe’ throughout the UK. You can get a copy of the reports to take away and ask questions about what the PTC and College are doing to support you and your training.
The Mess: Students and Trainees’ Lounge

Monday 25 June, 10:55 – 11:25

Tr ‘Meet & Greet’ – An opportunity to meet members of the Psychiatric Trainees’ Committee as well as other Medical Students, Foundation Doctors and Psychiatric Trainees.
The Mess: Students and Trainees’ Lounge

Monday 25 June, 12:45 – 13:40

Tr Meet the Officers – A great opportunity to meet all the Officers of the College including the President, Dr Wendy Burn; the Dean, Dr Kate Lovett; the Registrar, Dr Adrian James and the Treasurer, Dr Jan Falkowski, as well as members of the PTC. Have your lunch with the College Officers and ask all those burning questions!
The Mess: Students and Trainees’ Lounge

Monday 25 June, from 19:30

Tr Student and Trainee's Dinner – Don’t miss out on the Student and Trainees’ Dinner at Nosh and Quaff, Birmingham’s irresistible one-stop, feel-good venue.
Nosh & Quaff, Victoria square, 130 Colmore Row, Birmingham B3 3AP

Tuesday 26 June, 10:55 – 11:25

Tr ‘Meet & Greet’ – An opportunity to meet members of the Psychiatric Trainees’ Committee as well as other Medical Students, Foundation Doctors and Psychiatric Trainees.
The Mess: Students and Trainees’ Lounge

Tuesday 26 June, 12:45 – 13:40

Tr Meet the Tribunal Judge and understand how court processes work and what to expect if you’re called on as an expert witness.
The Mess: Students and Trainees’ Lounge

Wednesday 27 June, 10:55 – 11:20

Tr ‘Meet & Greet’ – An opportunity to meet members of the Psychiatric Trainees’ Committee as well as other Medical Students, Foundation Doctors and Psychiatric Trainees.
The Mess: Students and Trainees’ Lounge

Wednesday 27 June, 12:40-13:35

Tr Meet the Chief Examiner and Associate Dean for Curricula – Hear more about the curricula review, get up to date on changes to the MRCPsych exams and learn how the curricula will change over the next few years.
The Mess: Students and Trainees’ Lounge

Programme information listed as of 1st June 2018.
For up-to-date programme changes, please download the International Congress App

Sunday 24th June	
Time / Room	Sessions
11.00–13.00	Registration and Coffee
13.00– 13.05 Hall 1	Welcome Address Dr Regi Alexander, Dr Ian Jones and Dr Lade Smith, Congress Co–chairs
13.05– 13.35 Hall 1	KEYNOTE KN1 President’s Opening Lecture Chair: Dr Regi Alexander, Congress Co–chair Professor Wendy Burn, President of the Royal College of Psychiatrists
13.35– 14.05 Hall 1	KEYNOTE KN2 Is it time for yet another Mental Health Act? Chair: Professor Wendy Burn, President of The Royal College of Psychiatrists Baroness Hale of Richmond, President of the Supreme Court
14.05–14.15 Hall 1	KN3 Chief Executive’s Address Chair: Professor Wendy Burn, President of The Royal College of Psychiatrists Paul Rees, Chief Executive of the Royal College of Psychiatrists
14.25– 15.40 Hall 9	NEW SCIENCE S1 Findings from three major US and UK trials to improve physical health for people with severe mental illness. The HOME, STEPWISE and PRIMROSE trials Chair: Dr Shubulade Smith, Consultant Psychiatrist and Clinical Senior Lecturer, South London and The Maudsley NHS Foundation Trust and Institute of Psychiatry, Psychology and Neuroscience The PRIMROSE trial to reduce cardiovascular risk in people with severe mental illness in UK primary care Professor David Osborn, UCL The HOME trial. Randomized Trial of an Integrated Behavioral Health Home: The Health Outcomes Management and Evaluation (HOME) Study Professor Ben Druss, Professor and Rosalynn Carter Chair in Mental Health, Emory University, Atlanta, USA STEPWISE – STructured lifestyle Education for People With SchizophrEnia, A randomised controlled trial Professor Paul French, Psychosis Research Unit, Greater Manchester West Mental Health NHS Foundation Trust and Manchester University.
Hall 1	CLINICAL PRACTICE S2 Advances in Phenomenological Psychiatry Chair: Professor Matthew Broome, University of Birmingham and Professor Lisa Bortolotti, University of Birmingham The PHD (Phenomenological unfolding, Hermeneutic analysis, Dynamic analysis) method for Phenomenological Psychotherapy Professor Giovanni Stanghellini, G. d’Annunzio’ University – Chieti, Italy Consciousness and its Disorders Professor Femi Oyeboode MBBS, MD, PhD, FRCPsych, Consultant Psychiatrist & Professor of Psychiatry, National Centre for Mental Health Phenomenology, Values and Values–based Practice Professor KWM (Bill) Fulford, St Catherine’s College, Oxford

14.25– 15.40 Hall 4	PSYCHOPHARMACOLOGY S3 Joint BAP NAPICU Evidence Based Guidelines for The Clinical Management of Acute Disturbance (De–escalation and Rapid Tranquillisation) Chair: Dr Maxine Patel, Consultant Psychiatrist, Oxleas NHS Foundation Trust, London De–Escalation Brodie Paterson, Clinical Director, CALM Training Ltd and Chair European Network for Training in the Management of Aggression Medication options for Rapid Tranquillisation Ms Caroline Parker, Consultant Pharmacist Adult Mental Health, FFRPS FRPharmS, FCMHP, Independent Prescriber Rapid Tranquillisation Algorithm Dr Faisal Sethi, Consultant Psychiatrist, Maudsley Hospital, South London and Maudsley NHS Foundation Trust, London
Hall 11	CLINICAL PRACTICE S4 Addressing suicide risk in vulnerable groups Chair: Professor Michael King, Division of Psychiatry, UCL Suicide risk among refugees compared with non–refugee migrants, and the Swedish–born majority population: a cohort study of 1.8 million people in Sweden Dr James Kirkbride, Reader in Psychiatric Epidemiology, Division of Psychiatry, UCL Understanding risk of suicide and suicide attempt in LGBT communities Dr Alexandra Pitman, Senior Lecturer in Psychiatry, Division of Psychiatry, UCL Transgender and Gender Diverse (TGD) suicidality: an overview of the risk literature and addressing the clinical needs Mx Talen Wright, MSc Student, Division of Psychiatry, UCL
Hall 10	CLINICAL PRACTICE S5 Update on Neurostimulation for Depression Chair: Professor Nicol Ferrier, Newcastle University Update on rTMS Professor Alex O'Neill–Kerr, Northamptonshire Healthcare NHS Foundation Trust Update on VNS and DBS Professor Keith Matthews, University of Dundee Update on tDCS Dr Camilla Nord, University of Cambridge
15.40–16.10	Afternoon Tea Hall 3
15.45–16.10 Hall 3 Gallery	Rapid Fire Poster Presentations RF1 PRIZE WINNERS RF100 Gosling Fellowship 2016 – Illness attention and somatic interpretations in functional neurological disorder and chronic fatigue syndrome Roxanne Keynejad; Alicia Hughes; Susannah Pick; Edward Fenby; Trudie Chalder; Colette Hirsch; Rona Moss–Morris; Timothy Nicholson RF101 Margaret Slack 2015 Dr Oana Mitrofan RF102 Margaret Slack 2017 – Are visual hallucinations in Alzheimer’s disease a result of hypoperfusion of visual processing areas in the occipital cortex? Dr Lindsey Sinclair, Clinical Lecturer in Psychiatry, University of Bristol; Dr Taher Darreh–Shori, Associate Professor, Center for Alzheimer Research, Division of Clinical Geriatrics, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Stockholm, Sweden; Vinay Mandagere, Undergraduate, University of Bristol; Professor Seth Love, Professor of Neuropathology, Dementia Research Group, University of Bristol RF103 Margaret Slack 2017 – Developing a psychological treatment for childhood functional abdominal pain, collaboration between Child psychiatry departments at Duke University, USA, & Oxford University, UK Dr Kate Stein MRCPsych BSc; Professor Nancy Zucker PhD

15.45–16.10 Hall 3 Gallery	RF2 PATHFINDERS RF104 Maturation of attentional brain networks from childhood to adolescence Paul M Briley; Elizabeth B Liddle; Madeleine J Groom; Helen JF Smith; Peter G Morris; Matthew J Brookes; Peter F Liddle RF105 Towards Biomarkers in Psychiatry: Detecting Longitudinal Behavioural Correlates of Communication in Schizophrenia with Digital Phenotyping Dr John Eraifej RF106 The positives and negatives of clinical research to individual participants in a middle income country setting: an on–lookers perspective Dr Tessa Lomax RF107 Primary care patients’ knowledge, attitudes and beliefs around the use of self–help strategies in the management of subthreshold depressive symptoms: a qualitative study Anna Kathryn Taylor, Academic Foundation Doctor and RCPsych Pathfinder Fellow, University of Manchester and East Lancashire Hospitals NHS Trust; Dr Sandra Davidson, University of Melbourne; Dr Victoria J Palmer, University of Melbourne; Dr Susie Fletcher, University of Melbourne; Prof Jane Gunn, University of Melbourne RF108 Neuropsychological testing, functional magnetic resonance imaging and clinical outcomes in alcohol, cocaine and heroin addiction: evaluating the impact of co–morbid tobacco use Dr Victoria Wing
16.15–17.30 Hall 4	NEW SCIENCE S6 Neurobiology of Obsessive Compulsive Disorder: Historical Overview and Recent Developments Chair: Professor Naomi Fineberg, Highly Specialized Obsessive Compulsive and Related Disorders Service, Hertfordshire Partnership University NHS Foundation Trust Evolution of Our Understanding of the Neural Circuitry Dysfunction in OCD Dr Himanshu Tyagi, UCL Institute of Neurology; National Hospital for Neurology and Neurosurgery The Neurocomputational Role of Corticostriatal Networks in OCD Tobias U. Hauser, Wellcome Centre for Human Neuroimaging, University College London Thalamo–cortico–striatal mechanisms of deep brain stimulation for obsessive compulsive disorder Dr Annemieke Apergis–Schoute, Depts of Psychology and Psychiatry, Behavioural and Clinical Neuroscience Institute, University of Cambridge
Hall 9	CLINICAL PRACTICE S7 Physical Activity Interventions in Severe Mental Illness Chair: Dr Adrian James, Devon Partnership NHS Trust, Devon Physical activity interventions in Severe Mental Illness: What is the evidence base? Dr Amit D Mistry, Barnet, Enfield & Haringey Mental Health Trust How to support behaviour change towards more physically active lifestyles. Dr Lynne Drummond, South West London and St George’s NHS Trust Data trends of physical health outcomes in SMI Professor Alan Currie, Northumberland, Tyne & Wear Mental Health Trust
Hall 1	PSYCHOPHARMACOLOGY S8 ADHD: comorbidity, treatment evidence and prescribing concerns Chair: Professor David Baldwin, Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton ADHD and somatic conditions: focus on obesity, asthma and cardiovascular disease Samuele Cortese, University of Southampton Pharmacological and psychological interventions in ADHD: evidence synthesis Professor David Daley, University of Nottingham Prescribing for patients with ADHD: common concerns and practical solutions Dr Nicoletta Adamo, South London and Maudsley Hospital

16.15–17.30 Hall 10	CLINICAL PRACTICE S9 A fighting chance: overcoming the national mental health workforce shortage Chair: Dr Kate Lovett, Dean of the Royal College of Psychiatrists Why the shortage of psychiatrists needs addressing; a mum’s perspective Ms Tracy Lang A national strategy – the mental health workforce plan for England Professor Wendy Reid, Executive Director of Education and Quality & National Medical Director, Health Education England Supported and Valued? – A collective responsibility Dr Alex Till, Psychiatric Trainee, Mersey Care NHS FT and Vice Chair Psychiatric Trainees’ Committee of the Royal College of Psychiatrists
Hall 11	CLINICAL PRACTICE S10 Neurosurgical treatments for psychiatric disorders: separating hope from the hype Chair: Professor Nicol Ferrier, Newcastle University Contemporary Neurosurgery for Psychiatric Disorders: A Neurosurgical Perspective Mr Ludvic Zrinzo, University College London, Unit for Functional Neurosurgery, Institute of Neurology Lesion Surgery and Deep Brain Stimulation for Mood Disorders Dr David Christmas, Advanced Interventions Service, Ninewells Hospital and Medical School, Dundee Lesion Surgery and Deep Brain Stimulation for Obsessive Compulsive Disorder (OCD) Professor Keith Matthews, University of Dundee
17.40–18.10 Hall 1	KEYNOTE KN4 The efficacy of antidepressants Chair: Dr Jan Falkowski, Honorary Treasurer, The Royal College of Psychiatrists, London Professor Elias Eriksson, University of Gothenburg Sweden
18.10–18.40 Hall 1	KEYNOTE KN5 Have mental health awareness campaigns created more problems than they have solved? Chair: Dr Lade Smith, Congress Co–chair Sathnam Sanghera, Author of <i>The Boy with the Topknot</i> and <i>Marriage Material</i>
18.45–19.30 Hall 3	WELCOME RECEPTION

Monday 25th June	
Time / Room	Sessions
8.00–9.00	Registration and Coffee
9.00–9.30 Hall 1	KEYNOTE KN6 Reward, learning and relevance to psychopathology Chair: Professor Hugo Critchley, Brighton and Sussex Medical School Professor Ray Dolan, UCL, UK
9.15–9.30 Hall 11	Launch of ‘Choosing Wisely’ in psychiatry, 2018
9.40–10.55 Hall 1	NEW SCIENCE S11 Recent advances in dementia Chair: Professor John O’Brien, University of Cambridge Sociodemographic and lifestyle risk and protective factors for dementia Professor Klaus Ebmeier, University of Oxford In vivo tau imaging as a novel tool for investigating Professor John O’Brien, University of Cambridge Are novel anti–tau treatments effective in Alzheimer’s disease? Dr Peter Bentham, Birmingham and Solihull Mental Health Foundation Trust
Hall 4	NEUROPSYCHIATRY TC1 Disorders at the interface of neurology and psychiatry: Core skills in neuropsychiatry Chair: Dr Alan Carson, Royal Edinburgh Hospital A five minute neurological examination Professor Adam Zeman Cognitive examination beyond the MMSE Professor Adam Zeman
Hall 11	PSYCHOSIS S12 Quality of prescribing, physical health care and use of compulsion in the treatment of people with psychosis: Launch of the report from the third round of the National Audit of Psychosis Chair: Professor Mike Crawford, Director of the College Centre for Quality Improvement Achieving high quality prescribing for people with psychosis Professor Steve Cooper, Clinical Lead for National Audit of Psychosis The role of care planning and CTOs in the quality of care provided to people with psychosis Ms Angela Etherington, Service User Advisor for National Audit of Psychosis Standards of physical healthcare for people with psychosis, are they improving? Dr David Shiers, Primary Care Lead for National Audit of Psychosis
Hall 9	CLINICAL PRACTICE S13 The United Kingdom’s counter–terrorism Prevent Strategy and ethical issues for mental health services Chair: Dr Jonathan Hurlow, Professional Practice and Ethics Committee, Royal College of Psychiatry, Birmingham Lord Carlile of Berriew CBE QC, Director, SC Strategy Limited London Waqar Ahmed MBE, Prevent Manger, Birmingham City Council Dr Mayura Deshpande, Professional and Ethics Committee Chair, Royal College of Psychiatry, Southampton

9.40–10.55 Hall 10	QUALITY IMPROVEMENT S14 Improvement, Involvement and Recovery – the role of the psychiatrist Chair: Dr David Bridle, Consultant Psychiatrist and Medical Director for the London Mental Health Services in East London NHS Foundation Trust People Participation, Involvement and Recovery in East London NHS Foundation Trust – the system and the positive impact of involvement for service users Paul Binfield, Head of People Participation, East London NHS Foundation Trust Benefiting from Peer Support in East London and Uganda Dr Dave Baillie, Consultant Psychiatrist in East London and Shari Dunlop, Peer Support Worker Meaningful service user involvement matters and works for East London NHS Foundation Trust Marie Gabriel, Chair of the Board of East London NHS Foundation Trust
10.55–11.25	Coffee Hall 3
11.30–12.45 Hall 10	NEW SCIENCE S15 Gambling disorder: the latest in neurobiological mechanisms to clinical treatment Chair: Professor Naomi Fineberg, Consultant Psychiatrist at Hertfordshire Partnership University NHS Foundation Trust Update on the clinical aspects of gambling disorder and its management. Dr Henrietta Bowden–Jones, Director and Lead Clinician, National Problem Gambling Clinic What has neuroimaging told us about the neurobiology of gambling disorder? Professor Anne Lingford–Hughes, Imperial College London Model–based control and evidence accumulation in pathological gambling: the role of serotonin and opioid systems. Valerie Voon, University of Cambridge
Hall 4	NEUROPSYCHIATRY TC1 Disorders at the interface of neurology and psychiatry: Parkinson's Disease Chair: Dr Alan Carson, Royal Edinburgh Hospital Nonmotor Parkinson's: the hidden face and personalised medicine Professor K Ray Chaudhuri, Professor of Movement Disorders, Clinical Director National Parkinson Foundation Centre of Excellence, Kings College London Psychosis in Parkinson's Disease Dr Alan Carson, Royal Edinburgh Hospital
Hall 9	PSYCHOSIS S16 In a room with a Rheumatologist, Neurologist and Psychiatrist: lessons learnt from lupus psychosis and beyond Chair: Dr Tom Pollak, Wellcome Trust Clinical Research Training Fellow in the neuroimmunology of psychiatric disease, ST4 General Adult Psychiatrist, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London (KCL) SLE psychosis... The Great Mimic Dr Esha Abrol, Academic Clinical Fellow (ACF) ST1 in General Adult Psychiatry Rheumatologists perspective... SLE and psychosis Professor David A Isenberg, Arthritis Research UK, Diamond Jubilee Professor of Rheumatology, Academic Director of the Centre for Rheumatology, Division of Medicine, University College London (UCL) Neurologists perspective... Autoimmune encephalitis and its relevance to SLE Dr Michael Zandi, Honorary Senior Lecturer, UCL Institute of Neurology and Honorary Consultant Neurologist at the National Hospital for Neurology and Neurosurgery, Queen Square

11.30–12.45 Hall 11	CLINICAL PRACTICE MC1 Asylum Seeker/Refugee Mental Health: core skills for the practicing psychiatrist Chair: Dr Hugh Grant–Peterkin, RCPsych Working Group on Mental Health of Asylum Seekers & Refugees & East London NHS Foundation Trust Pharmacology & Management – evidence and best practice Dr Piyal Sen, Elysium Healthcare and IOPPN, Department of Forensic and Neurodevelopmental Sciences, King's College, London Service Provision – evidence and best practice Dr K Briffa, Livewell Southwest Psychotherapy – evidence and best practice Dr S Majid, Tavistock & Portman NHS Foundation Trust
Hall 1	DEVELOPMENTAL PSYCHIATRY S17 Mood Instability: its relation to traumatic exposures and adult mental health outcomes Chair: Professor Matthew Broome, University of Birmingham Possible mechanisms from childhood trauma and the clinical presentation of bipolar disorder Dr Steven Marwaha, Reader in Psychiatry Bullying at school and its impact on mood and affective disorders: experience from the Metropolitan city of Naples – Italy Dr Gennaro Catone, Suor Orsola Benincasa University Prospective measures of mood instability in bipolar disorder: findings from the Bipolar Disorder Research Network Dr Katherine Gordon–Smith, University of Worcester and the Bipolar Disorder Research Network
12.45–13.40	Lunch Hall 3
13.20–13.45 Hall 3 Gallery	Rapid Fire Poster Presentations RF3 RESEARCH RF200 Minocycline for the treatment of cognitive symptoms in schizophrenia: the impact on functional magnetic resonance imaging (fMRI) during the n–back task Abigail Gee, Medical Student, University of Manchester; Bill Deakin, Professor of Psychiatry, Division of Neuroscience & Experimental Psychology, University of Manchester; Martyn Mcfarquhar, Lecturer in Neuroimaging, Division of Neuroscience & Experimental Psychology, University of Manchester; John Suckling; Paola Dazzan; Eileen Joyce; Stephen M Lawrie; Rachel Upthegrove; Nusrat Husain; Imran Chaudhry; Graham Dunn; Peter B Jones; Danuta Lisiecka; Shôn Lewis; Thomas R E Barnes; Stephen Williams; Stephen Hopkins; Emma Knox; Kelley Byrne; Richard Drake and Richard Smallman RF201 Pregnenolone treatment for schizophrenia: a systematic review & meta–analysis Dr Christopher Hopkins, ST5, Berkshire Healthcare NHS Foundation Trust; Dr Calum Moulton, Doctoral Research Fellow, King's College London RF202 Comparison of Outcomes in Patients Treated with Atypical Oral versus Atypical Depot Antipsychotic Treatment Dr Muhammad Kashif Khan; Dr Adrienne Crockett; Dr Syed Faisal Badshah RF203 Associations between food insecurity and psychotropic medication use in a cohort of women in the United States Dr Henry J. Whittle, Foundation Year 1 Doctor, Newham University Hospital, Barts Health NHS Trust; Ms Lila A. Sheira, Data Analyst and Project Coordinator, Division of HIV, ID and Global Medicine, University of California, San Francisco (UCSF); Dr William R. Wolfe, Associate Professor, Department of Psychiatry, UCSF; Dr Edward A. Frongillo, Professor, Department of Health Promotion, Education, and Behavior, University of South Carolina; Dr Kartika Palar, Assistant Professor, Division of HIV, ID and Global Medicine, UCSF; Dr Daniel Merenstein, Associate Professor, Department of Family Medicine, Georgetown University Medical Center; Dr Tracey E. Wilson, Professor, Department of Community Health Sciences, State University of New York Downstate Medical Center; Dr Adebola Adedimeji, Associate Professor, Department of Epidemiology and Population Health, Albert Einstein College of Medicine; Dr Mardge H. Cohen, Senior Physician, Department of Medicine, Stroger Hospital; Dr Adaora A. Adimora, Professor, School of Medicine and UNC Gillings School of Global Public Health, University of North Carolina at Chapel Hill; Dr Ighovwerha Ofotokun, Professor, School of Medicine, Emory University and Grady Healthcare System; Dr Lisa Metsch, Professor, Department of Sociomedical Sciences, Mailman School of Public Health, Columbia University; Dr Janet M. Turan, Professor, Department of Health Care Organization and Policy, School of Public Health, University of Alabama at Birmingham; Ms Eryka L. Wentz, Senior Research Project Coordinator, Department of Epidemiology, Johns Hopkins University Bloomberg School of Public Health; Dr Phyllis C. Tien, Professor, Department of Medicine, UCSF and San Francisco Department of Veteran Affairs Medical Center; Dr Sheri D. Weiser, Associate Professor, Division of HIV, ID and Global Medicine and Center for AIDS Prevention Studies, UCSF

13.20–13.45 Hall 3 Gallery	<p>RF4 RESEARCH</p> <p>RF204 Non–pharmacological treatments for depression and anxiety in frail older adults: systematic review and meta–analysis Dr Rachael Frost, Post–doctoral Research Associate, Research Department of Primary Care and Population Health, University College London, Royal Free Campus; Dr Yehudit Bauernfreund, Academic Foundation Doctor, Centre for Ageing Population Studies, Department of Primary Care and Population Health, University College London, Royal Free Campus; Dr Kate Walters, Director, Centre for Ageing Population Studies, Department of Primary Care and Population Health, University College London, Royal Free Campus</p> <p>RF205 Lipopolysaccharide Stimulation of Peripheral Blood Mononuclear Cells in Amnestic Mild Cognitive Impairment Dr Zoe Clough, ST3 Academic Clinical Fellow in Old Age Psychiatry, University of Southampton; Dr Jay Amin, ST6, University of Southampton; Dr Laurie Lau, Laboratory Manager and Senior Clinical Scientist; Professor Clive Holmes, Professor of Biological Psychiatry, University of Southampton</p> <p>RF206 The effect of post–infarction medication adherence and all–cause mortality in patients with schizophrenia: A Danish nationwide retrospective cohort study MSc, Pirathiv Kugathasan, PhD student, Psychiatry, Aalborg University Hospital, Aalborg, Denmark; PhD, Henriette Thisted Horsdal, postdoc, National Centre for Register–Based Research, University of Aarhus, Aarhus, Denmark; DMSc, Jørgen Aagaard, Professor, Psychiatry, Aalborg University Hospital, Aalborg, Denmark ; PhD, Svend Eggert Jensen, associate professor, Cardiology, Aalborg University Hospital, Aalborg, Denmark; PhD, Thomas Munk Laursen, Professor, National Centre for Register–Based Research, University of Aarhus, Aarhus, Denmark; PhD, René Ernst Nielsen, associate professor, Psychiatry, Aalborg University Hospital, Aalborg, Denmark</p> <p>RF207 Changes in the inpatient population profile 2002–2006 compared to 2006–2010 Jake Melhuish MBBS, FY1, Northampton General Hospital; Laetitia Jervis, Medical Student, University of East Anglia; Helen Roome, Medical Student, University of East Anglia; Ben Roberts, Medical Student, University of East Anglia; Anna Croxford MBBS, Liaison at Norfolk and Norwich University Hospitals Trust; James Currie MBBS, Senior Lecturer, Dept Psychiatry, University of Aberdeen; Julian Beezhold FRCPsych, Consultant Psychiatrist Mental Health Liaison Service, NNUH and Honorary Senior Lecturer, Norwich Medical School UEA</p> <p>RF208 Cognitively Stimulating Leisure Activities and Dementia: A marginal structural model approach Dr Benjamin David Williams, BM,BS, MSc, Cathie Marsh Institute for Social Research, University of Manchester/North–West School of Psychiatry, The Harbour, Blackpool, Lancashire Care NHS Foundation Trust; Prof. Tarani Chandola, PhD, Cathie Marsh Institute for Social Research, University of Manchester and Prof. Neil Pendleton, MB.ChB, FRCP, Institute of Brain, Behaviour and Mental Health, University of Manchester/Salford Royal Hospital, Salford Royal NHS Foundation Trust</p> <p>RF5 EDUCATION AND TRAINING</p> <p>RF209 The SSC Roadshow: Assessing efficacy Ellisiv Clarke, Intercalating medical student and Pathfinder Fellow, Newcastle University; Helen Hargreaves, Senior Clinical Teaching Fellow, Northumberland, Tyne and Wear Foundation Trust</p> <p>RF210 Making Sense of Psychopathology: The importance of undergraduate teaching on the function and phenomenology of symptoms Dr Tom Dalton, FY2, UHBristol NHS Foundation Trust; Dr Helen Jackson, Graduate–entry MBChB student, King’s College London</p> <p>RF211 Attitudes of Sixth–Form Students to Serious Mental Illness: before, during and after a mental health work experience week Dr Helen Hargreaves, Senior Teaching Fellow, NTW NHS Foundation Trust; Dr Rachel Gore, Consultant Old Age Psychiatrist, NTW NHS Foundation Trust</p> <p>RF212 Reflections on Participation in the First Year of the Royal College of Psychiatrists Parliamentary Scholarship Scheme Susan Howson, ST6 Child and Adolescent Psychiatry, Livewell Southwest; Paul Lomax, ST6 General Adult, Southwest London and St Georges Mental Health Trust; Kathleen McCurdy, ST6 Forensic Psychiatry, Broadmoor Hospital; Jen Perry, ST6 General Adult, South London and Maudsley; Fiona Taylor, ST6 General Adult, Camden and Islington NHS Trust</p> <p>RF213 Making the case for Reflective Practice in Physical Health Settings – The Interpersonal Dynamics Consultation Model as a Tool for Improving Clinical Care Prof. Michael Maier, Consultant Psychiatrist, Medical Education Director WLMHT; Dr Gabriel Kirtchuk, Consultant in Forensic Psychiatry; Dr David Reiss, Consultant in Forensic Psychiatry; Dr Sandra Scott, Specialist Registrar in Forensic Psychiatry; Dr Thomas Hillen, Specialist Registrar in Medical Psychotherapy; Dr Ching Li, Specialist Registrar in CAMHS and Fellow of Medical Education</p>
13.50 –14.20 Hall 1	<p>KEYNOTE</p> <p>KN7 Schizophrenia is a myth with significant genetic component Chair: Dr Lade Smith, Congress Co–chair Professor Sir Robin Murray, Professor of Psychiatric Research, Institute of Psychiatry, King’s College London, UK</p>

14.20– 14.50 Hall 1	<p>KEYNOTE</p> <p>KN8 The computational anatomy of psychosis Chair: Dr Adrian James, Registrar, The Royal College of Psychiatrists Professor Karl Friston, Neuroscientist, UK</p>
15.00 –16.15 Hall 9	<p>NEW SCIENCE</p> <p>S18 UK Biobank – a resource for mental health research Chair: Professor Matthew Hotopf, Dean of Research, Institute of Psychiatry, Psychology and Neuroscience, KCL, Director, NIHR Biomedical Research Centre at the Maudsley</p> <p>Mental health phenotyping in UK Biobank Dr Katrina Davis, Clinical research fellow, Institute of Psychiatry Psychology and Neuroscience, KCL</p> <p>Circadian rhythmicity and mood disorders in UK Biobank Professor Daniel Smith, Professor of Psychiatry, University of Glasgow</p> <p>Neuroimaging in UK Biobank Professor Steve Williams, Professor of Imaging Science, Institute of Psychiatry Psychology and Neuroscience, KCL</p>
Hall 11	<p>NEUROPSYCHIATRY</p> <p>TC1 Disorders at the interface of neurology and psychiatry: functional Neurological Disorders Chair: Dr Alan Carson, Royal Edinburgh Hospital</p> <p>Psychodynamic Therapies for Functional Neurologic Disorders Richard J. Brown, Senior Lecturer in Clinical Psychology and Honorary Consultant Clinical Psychologist, University of Manchester</p> <p>Functional Cognitive Disorders Dr Laura McWhirter, Research Fellow in Neuropsychiatry, Centre for Clinical Brain Sciences, University of Edinburgh</p>
Hall 1	<p>PSYCHOSIS</p> <p>TC2 Treatment Resistant Psychosis: Part 1 Chair: Dr Fiona Gaughran, National Psychosis Unit, Maudsley Hospital, London and Reader, Institute of Psychiatry, Psychology and Neuroscience, KCL</p> <p>Response and remission in early psychosis Dr John Lally, Dept of Psychiatry, Royal College of Surgeons in Ireland</p> <p>Ultra–Resistant Schizophrenia: Nosology and Criteria Professor Gary Remington, University of Toronto</p> <p>How can we best prevent psychosis? Professor Sir Robin Murray, Professor of Psychiatric Research, Institute of Psychiatry, Psychology and Neuroscience and Consultant Psychiatrist, National Psychosis Unit</p>
Hall 10	<p>CLINICAL PRACTICE</p> <p>S19 The Myths of de–institutionalisation Chair: Dr Lydia Thurston, Oxford Health NHS Foundation Trust</p> <p>Asylums in England c. 1914: institutions, institutionalisation and discharge. Dr Claire Hilton, Centre for the History of the Emotions, Queen Mary University of London</p> <p>The closure of Tooting Bec Asylum and the aftermath Professor Tom Craig, King’s College London</p> <p>The Myth of Deinstitutionalisation Professor Helen Killaspy, University College London and Camden & Islington NHS Foundation Trust</p>

15.00 –16.15 Hall 4	DEVELOPMENTAL PSYCHIATRY S20 Autism Spectrum Disorders, Co–morbidity and Risk Management Chair: Dr Regi Alexander, Congress Co–Chair Epidemiology of Autistic Spectrum Disorders Professor Terry Brugha, University of Leicester Autism Spectrum Disorders and Offending Behaviours – Typologies Professor Peter Langdon, Tizard Centre, University of Kent Managing uncertainty in the clinical prediction of the risk of harm Professor Connor Duggan, University of Nottingham
16.15–16.40	Afternoon Tea Hall 3
16.45–18.00 Hall 4	NEW SCIENCE S21 The brain–gut–adipose axis: breaking the dichotomy between physical and mental health Chair: Dr Anne Lingford–Hughes, Imperial College London Brain–gut–microbiota axis: a novel therapeutic target Professor Ted Dinan, University College Cork, Ireland Effect of antipsychotic treatment on immune activation in the adipose tissue Dr Valeria Mondelli, Institute of Psychiatry, Psychology and Neuroscience, King’s College London Effects of prebiotics on the brain Dr Phil Burnet, Oxford University
Hall 9	NEUROPSYCHIATRY TC1 Disorders at the interface of neurology and psychiatry Chair: Dr Alan Carson, Royal Edinburgh Hospital Motor neurone disease is all in the head Professor Martin Turner Professor of Clinical Neurology & Neuroscience, University of Oxford Huntington’s disease: The progress to novel therapeutics Professor Hugh Rickards Professor of Neuropsychiatry University of Birmingham
Hall 1	PSYCHOSIS TC2 Treatment Resistant Psychosis: Part 2 Chair: Dr Fiona Gaughran, National Psychosis Unit, Maudsley Hospital, and Reader, Institute of Psychiatry, Psychology and Neuroscience If the Doors of Perception Were Cleansed...Is schizophrenia a disorder of cellular cleanliness? Professor Ian Everall, Dean, Institute of Psychiatry, Psychology and Neuroscience, King’s College London Is Clozapine superior in Treatment Resistant Psychosis? Dr James MacCabe, Reader, Institute of Psychiatry, Psychology and Neuroscience and Consultant Psychiatrist, National Psychosis Unit Future treatments – a new paradigm? Dr Emmanuelle Peters, Reader in Psychology and PICuP Director

16.45–18.00 Hall 10	CLINICAL PRACTICE S22 Mental Health Care for Underserved Populations – Ethnic Inequalities Chair: Professor Kenneth R. Kaufman, AM, MD, FRCPsych, DLFAPA, FAES; Professor of Psychiatry, Neurology and Anaesthesiology, Rutgers Robert Wood Johnson Medical School, New Brunswick, New Jersey, USA Ethnic inequalities in severe mental illness: a new approach Professor Kamaldeep S. Bhui, CBE, MBBS, MSc, MD, FRCPsych; Professor of Cultural Psychiatry & Epidemiology, Centre Lead for Psychiatry, Wolfson Institute of Preventive Medicine, Hon. Consultant Psychiatrist, East London Foundation Trust, Barts & The London School of Medicine & Dentistry, Queen Mary University of London; London, UK Unravelling the complexities of inequalities in mental health care and outcomes for cultural and linguistic minorities Professor Steve Kisely, MD, PhD, FRCPsych, FRANZCP, FFPH, FAFPHM, FACHAM; Professor, Discipline of Psychiatry, School of Medicine, The University of Queensland, Australia and Professor of Psychiatry, Community Health and Epidemiology, Dalhousie University, Canada; Brisbane, Australia Mental health care for the underserved in Brazil Professor Sara Evans–Lacko, PhD; Associate Professor, London School of Economics and Political Science, and Senior Lecturer, Institute of Psychiatry, Psychology and Neuroscience, King’s College London; London, UK
18.00 –19.00 Hall 11	AGM
18.10–20.00 Hall 1	Documentary film: Professor Julian Leff: Unravelling Schizophrenia Followed by Q&A with the film’s director, Adriel Leff

Tuesday 26th June	
Time / Room	Sessions
8.00–8.30	Registration and Coffee
8.30–9.00 Hall 1	KEYNOTE KN9 Global Public Health Implications of Adverse Childhood Experiences Chair: Dr Saul Levin, CEO and Medical Director, American Psychiatric Association, USA Dr Altha Stewart, President, American Psychiatric Association, USA
9.00–9.30 Hall 1	KEYNOTE KN10 Alzheimer’s disease: big problem, Big Data, big answer? Chair: Professor Anne Lingford–Hughes, Imperial College London Professor Simon Lovestone, Professor of Translational Neuroscience, University of Oxford, UK
9.40–10.55 Hall 1	PSYCHOPHARMACOLOGY S24 New research–based treatment models for obsessive–compulsive disorders Chair: Professor David Baldwin, Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton, UK New psychopharmacology models for obsessive–compulsive disorders Naomi A Fineberg, Hertfordshire Partnership University NHS Foundation Trust and University of Hertfordshire New behavioural and cognitive models for obsessive–compulsive disorders Lynne M Drummond, National and Trustwide Services for OCD and BDD, South West London and St George’s NHS Mental Health Trust and St George’s, University of London Invasive and non–invasive brain stimulation for OCD Professor Eileen Joyce, UCL Institute of Neurology, London
Hall 4	PSYCHIATRIC EDUCATION S25 Where should I publish: A guide for students, trainees, researchers, and consultants Chair: Professor Kenneth R. Kaufman, AM, MD, FRCPsych, DLFAPA, FAES; Professor of Psychiatry, Neurology and Anaesthesiology, Rutgers Robert Wood Johnson Medical School; New Brunswick, New Jersey, USA Getting published: practice tips for students, trainees, and tenacious researchers Professor Kamaldeep S. Bhui, CBE, MBBS, MSc, MD, FRCPsych; Professor of Cultural Psychiatry & Epidemiology, Centre Lead for Psychiatry, Wolfson Institute of Preventive Medicine, Hon. Consultant Psychiatrist, East London Foundation Trust, Barts & The London School of Medicine & Dentistry, Queen Mary University of London; London, UK Predatory journals and dubious publishers: how to avoid being their prey Professor Steve Kisely, MD, PhD, FRCPsych, FRANZCP, FFPH, FAFPHM, FACHAM; Professor, Discipline of Psychiatry, School of Medicine, The University of Queensland, Australia and Professor of Psychiatry, Community Health and Epidemiology, Dalhousie University, Canada; Brisbane, Australia Quality open access journals: the RCPsych–CUP portfolio Professor Kenneth R. Kaufman, AM, MD, FRCPsych, DLFAPA, FAES; Professor of Psychiatry, Neurology and Anaesthesiology, Rutgers Robert Wood Johnson Medical School; New Brunswick, New Jersey, USA
Hall 11	QUALITY IMPROVEMENT MC2 Making Serious Untoward Incident Reviews Constructive Chair: Professor Catherine Robinson, Professor of Social Policy Research, Bangor University Professor Louis Appleby, Professor of Psychiatry at the University of Manchester and Director of the National Confidential Inquiry into Suicide and Homicide by People with Mental Illness. Professor Rob Poole, Co–Director, CFMHAS; Professor of Social Psychiatry, School of Social Sciences Dr Elena Baker–Glenn, Cambridgeshire and Peterborough NHS Foundation Trust

9.40 –10.55 Hall 9	CLINICAL PRACTICE MC3 Incorporating genetic testing into routine psychiatric practice Chair: Professor David Curtis, UCL Genetics Institute and Centre for Psychiatry, Barts and the London School of Medicine and Dentistry The role of copy number variants in mental disorder Dr Mandy Johnstone, Wellcome Trust Clinical Research Fellow & Honorary Consultant Psychiatrist, Centre for Clinical Brain Sciences, The University of Edinburgh Clinically relevant genetic variants in psychiatry Dr Anna Need, Lecturer in Neurogenetics, Division of Brain Sciences, Imperial College London What you can expect from your local clinical genetics service Dr Kate Baker, NIHR Academic Clinical Lecturer, Cambridge University Hospitals Incorporating genetic testing into routine psychiatric practice Dr Ian Hall, Associate Dean, Royal College of Psychiatrists, and Consultant Psychiatrist, East London NHS Foundation Trust
Hall 10	CLINICAL PRACTICE S26 ADHD (service organization) across the life–span Chair: Professor Eric Taylor, Emeritus Professor of Child and Adolescent Psychiatry at King’s College London Institute of Psychiatry; and an honorary consultant at The Maudsley (SLaM) ADHD in childhood Professor Tamsin Ford, Professor of Child and Adolescent Psychiatry, University of Exeter Medical School In transition with ADHD Dr Astrid Janssens, Senior Research Fellow, Child Mental Health – University of Exeter Medical School ADHD in adults: outcomes and differential diagnosis of ADHD in adults Professor Philip Asherson, King’s College London
10.55–11.25	Coffee Hall 3
11.30–12.45 Hall 1	PSYCHOPHARMACOLOGY S27 Pharmacological management of schizophrenia: a review of the revised British Association for Psychopharmacology Guidelines Chair: Dr James Walters, MRC Centre for Neuropsychiatric Genetics and Genomics, Cardiff University Overview of the BAP guideline on the pharmacological management of schizophrenia Thomas R. E. Barnes, Emeritus Professor of Clinical Psychiatry, Imperial College London Pharmacological strategies for comorbid affective disorder in schizophrenia Dr Rachel Upthegrove, University of Birmingham Pharmacological treatment of incomplete recovery Dr James MacCabe, Institute of Psychiatry, Psychology & Neuroscience, KCL, London

11.30–12.45 Hall 10	<p>PSYCHIATRIC EDUCATION</p> <p>S28 International collaboration with partners in sub-Saharan Africa for clinical and research capacity-building in psychiatry</p> <p>Chair: Dr Melanie Abas, Global Mental Health Research Group, King's College London, and South London and Maudsley NHS Foundation Trust</p> <p>Research Capacity Building in Sub-Saharan Africa: The African Mental Health Research Initiative (AMARI) Dr Dixon Chibanda, Department of Psychiatry, University of Zimbabwe</p> <p>Medical Education for Clinical Capacity Building in Sub-Saharan Africa Dr Susannah Whitwell, Honorary Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust and Dr Walter Mangezi, Department of Psychiatry, University of Zimbabwe</p> <p>Better Together in Research and Development: Lessons from EUSARNAD (European Union and South Africa Research Network in Anxiety Disorders) Professor David Baldwin, Clinical and Experimental Sciences, Faculty of Medicine, University of Southampton</p>
Hall 9	<p>QUALITY IMPROVEMENT</p> <p>S29 RE:CREATE Psychiatry: Redefine Peer Support – a future practice model for mental healthcare</p> <p>Chair: Dr Khaldoon Ahmed, Consultant Psychiatrist</p> <p>Seth Hunter, Mental Fight Club</p> <p>Susan Young, Royal College of Art</p> <p>Dr Elinor W Hynes, Psychiatrist</p> <p>Dr Neil Armstrong, Lecturer in Anthropology, Magdalen College, Oxford</p>
Hall 4	<p>CLINICAL PRACTICE</p> <p>MC4 Neuropsychiatric symptoms in dementia: Best practice in agitation, psychosis and depression from the Lancet Commission on Dementia</p> <p>Chair: Dr Andrew Sommerlad, Division of Psychiatry, University College London</p> <p>Assessing and managing depression in dementia Professor Sube Banerjee, Centre for Dementia Studies, Brighton and Sussex Medical School</p> <p>Assessing and managing psychosis in dementia Dr Suzanne Reeves, Division of Psychiatry, University College London</p> <p>Assessing and managing agitation in dementia Professor Gill Livingston, Division of Psychiatry, University College London</p>
Hall 11	<p>CLINICAL PRACTICE</p> <p>MC5 The Rise of the Cyberpsychiatrist</p> <p>Chair: Gabriella Landy, West London Mental Health NHS Trust</p> <p>Digital resilience in the Cyberage Dr Richard Graham, The Nightingale Hospital</p> <p>‘The world is changing...with or without you’ Annie Mullins, ICT Coalition for Children Online in Europe</p> <p>Risk assessment in the Digital Age Dr Golnar Aref, Division of Psychiatry, UCL</p>
12.45–13.40	<p>Lunch Hall 3</p>

13.20–13.45 Hall 3 Gallery	<p>Rapid Fire Poster Presentations Hall 3 Gallery</p> <p>RF6 RESEARCH</p> <p>RF300 α5–GABAA receptor inverse agonist reverses memory deficits caused by a high-fat diet Mr Axel A. Laurell, Medical Student, Division of Neuroscience, School of Medicine, University of Dundee; Dr Fiona H McLean, Postdoctoral Research Assistant, Division of Neuroscience, School of Medicine, University of Dundee; Professor Lynda M Williams, Professor, The Rowett Institute, University of Aberdeen; Professor Jeremy J Lambert, Professor of Neuropharmacology, Division of Neuroscience, School of Medicine, University of Dundee; Dr Rosamund F Langston, Lecturer in Behavioural Neuroscience, Division of Neuroscience, School of Medicine, University of Dundee</p> <p>RF301 A qualitative exploration of the acceptability of cognitive bias modification for paranoia (CBM–pa) Chantel Joanne Leung, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Laboratory of Neuropsychology, The University of Hong Kong, Hong Kong; Angella Fosuaah, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Margaret Heslin, Health Service and Population Research Department, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Thomas Kabir, The McPin Foundation, London, UK; Philip McGuire, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Christopher Meek, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Emmanuelle Peters, Department of Psychology, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Sukhwinder Shergill, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Daniel Stahl, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Aditi Surendra Nath, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Antonella Trotta, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK; Tatia M.C. Lee, Laboratory of Neuropsychology, The University of Hong Kong, Hong Kong, The State Key Laboratory of Brain and Cognitive Sciences, The University of Hong Kong, Hong Kong; Jenny Yiend, Department of Psychosis Studies, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK</p> <p>RF302 Timing is everything: Cardiac influences on memory Miranda Manassei, Medical Student, Brighton and Sussex Medical School; Dr Gaby Pfeifer, Research Fellow, Brighton and Sussex Medical School; Professor Hugo D Critchley, Chair of Psychiatry, Co-Director of the Sackler Centre for Consciousness Science; Head of the Department of Neuroscience, Brighton and Sussex Medical School; Dr Sarah N Garfinkel, Senior Lecturer in Psychiatry and Consciousness Science, Brighton and Sussex Medical School</p> <p>RF7 SERVICE EVALUATION</p> <p>RF303 Proactive Inreach Service (PIoS). Development of Clinics in Care Homes in South East Cardiff Dr Arpita Chakraborty, Consultant Psychiatrist; Dr Sara Saffar–Concejo, ST4; Dr Murugesh Thilakan, Specialty Doctor, Cardiff and Vale UHB</p> <p>RF304 Talk First – Working Together with Patients Dr Priya Khanna, Consultant, NTW NHS Foundation Trust; Martin Noble, Ward Manager, NTW NHS Foundation Trust; Leanne Page, Clinical Lead, NTW NHS Foundation Trust; Karen Calvert, Nursing Assistant, NTW NHS Foundation Trust; Shannon Whalen, Nursing Assistant, NTW NHS Foundation Trust</p> <p>RF305 Personality disorders amongst mothers in care proceedings Dr George Stein FRCPsych</p> <p>RF306 Youth Community Support Evaluation in Calgary, Canada Dr TCR Wilkes, Consulting Psychiatrist, University of Calgary; Dr Iliana Garcia Ortega, Consulting Psychiatrist, University of Calgary; Christine Tortorelli, Executive Director of Children's protective services, Calgary; Teri Basi, Director of Woods Homes Services, Susan Ponting, Manager YCSP Alberta health services</p> <p>RF307 The impact of positive-risk taking in a specialist unit for borderline personality disorder: The Springbank experience Dr Jorge Zimbron, Consultant, CPFT NHS Trust; Dr Adebola Adekunte, Specialist Doctor, CPFT NHS Trust; Dr Kathrin Hicks, Clinical Psychologist, CPFT NHS Trust; Mr Lee Davies, Clinical Nurse Specialist, CPFT NHS Trust</p>
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13.20–13.45 Hall 3 Gallery	RF8 RESEARCH RF308 So Many Scales, So Little Comparability: Using a Novel Method to Allow Clinicians to Convert Easily Between Different Depression Rating Scales Dr David M. B. Christmas, Consultant Psychiatrist, NHS Tayside; Professor Keith Matthews, Professor of Psychiatry, University of Dundee RF309 Craving a normal life: how patients’ mental distress may inform treatment outcome Miss Emilie Dommett, Medical student, University of Cambridge; Dr Jan Stochl, Senior Research Associate, Department of Psychiatry, University of Cambridge; Dr Karen Ersche, University Lecturer, Department of Psychiatry, University of Cambridge RF310 Inflammation and Depression: Are There Areas of the Brain that Appear to Show Enhanced Translocator Protein (TSPO) Tracer Uptake in PET Scans of Patients with a Diagnosis of Major Depressive Disorder or Symptoms of Depression, In Comparison to Healthy Controls? A Systematic Review Dr Pamela Hamlyn, CT3 Psychiatry SE Trust, Northern Ireland; Dr Dean Burnett, Cardiff University in fulfilment of the dissertation requirements for the MSc Psychiatry RF311 Twelve Month Treatment Outcomes for Intensive Psychological Therapy and Anterior Cingulotomy for Severe Obsessive–Compulsive Disorder Karen J. Walker, Senior Mental Health Nurse, NHS Tayside; Dr David M. B. Christmas, Consultant Psychiatrist, NHS Tayside; Professor Keith Matthews, Professor of Psychiatry, University of Dundee
13.50–14.20 Hall 1	KEYNOTE KN11 Mechanisms of mood disorder in the human brain: neural targets for new treatments Chair: Professor Ian Jones, Congress Co–chair Professor Mary Phillips, Professor of Psychiatry and Clinical Translational Science, University of Pittsburgh School of Medicine, USA
14.20–14.50 Hall 1	KEYNOTE KN12 Intrusive memories after trauma: from the lab to the emergency department Chair: Professor Pamela Taylor, Cardiff University, Cardiff Professor Emily A. Holmes: Division of Psychology, Department of Clinical Neuroscience, Karolinska Institutet, Sweden and Visiting Professor, Department of Psychiatry, University of Oxford
15.00–16.15 Hall 1	PSYCHOPHARMACOLOGY S30 Managing Mood Disorders – current and potential future options Chair: Professor Ian Jones, University of Cardiff and Congress Co–chair Managing difficult to treat depression: which established treatment is best Professor Anthony Cleare, Institute of Psychiatry, Psychology and Neuroscience, London Optimising transcranial magnetic stimulation. An EME funded study of image guided intermittent theta burst stimulation versus standard rTMS Professor Richard Morris, University of Nottingham A new option for managing difficult to treat bipolar depression. The HTA funded PAX–BD study Professor Hamish McAllister–Williams, Newcastle University
Hall 11	PSYCHIATRIC EDUCATION S31 Brexit and Britain’s mental health workforce: Brain drain or gain? Chair: Dr Adrian James, Registrar of the Royal College of Psychiatrists The mental health workforce plan for England–a year on Dr Kate Lovett, Consultant Psychiatrist, Devon Partnership Trust, Dean Royal College of Psychiatrists Psychiatry in Europe: from recruitment to workforce migration Dr Howard Ryland, University of Oxford and Dr Mariana Pinto da Costa, Unit for Social and Community Psychiatry, Queen Mary University of London Global Medical Graduates: Supporting Britain’s mental health worforce Dr Subodh Dave, Associate Dean for Trainee Support, Royal College of Psychiatrists

15.00–16.15 Hall 10	QUALITY IMPROVEMENT S32 10 years of caring for doctors Chair: Professor Sir Simon Wessely, Institute of Psychiatry, Psychology and Neuroscience, KCL 10 years of Practitioner Health Programme Professor Clare Gerada, Medical Director of Practitioner Health Programme and GP Health Service
Hall 9	CLINICAL PRACTICE S33 Using lived experience to improve the diagnostic process Chair: Dr Jon Wilson, Consultant psychiatrist / Research Director, Norfolk and Suffolk NHS Foundation Trust; Clinical Senior Lecturer, UEA International service user perspectives on diagnosis Professor Tom Shakespeare, Norwich Medical School, University of East Anglia INCLUDE Study: Using Lived Experience to Improve ICD–11 Dr Corinna Hackmann, Norfolk and Suffolk Foundation Trust A qualitative systematic review of service user, clinician, and carer experiences of diagnosis Dr Caitlin Notley, Norwich Medical School, University of East Anglia
Hall 4	CLINICAL PRACTICE S34 Early Intervention for a new generation. Chair: Professor Matthew Broome PhD FRCPsych, Chair in Psychiatry and Youth Mental Health, Director of the Institute for Mental Health School of Psychology, College of Life and Environmental Sciences, University of Birmingham The At Risk Mental State for psychosis– an update Dr Andrew Thompson, Associate Professor of Psychiatry, Warwick Medical School, University of Warwick Prescribing CHall 1enges in First Episode Psychosis Dr Rachel Upthegrove PhD FRCPsych, Senior Lecturer and Honorary Consultant Psychiatrist, Institute for Mental Health, University of Birmingham First Episode Mood Disorder Dr Steven Marwaha, Reader in Psychiatry, Unit of Mental Health and Wellbeing, Division of Health Sciences, Warwick Medical School and Coventry and Warwickshire Partnership Trust
16.15–16.40	Afternoon Tea Hall 3
16.45–18.00 Hall 1	PSYCHOPHARMACOLOGY S35 Valproate prescribing – evidence of benefit and harm Chair: Professor Ian Jones Congress Co–chair Valproate: the evidence for efficacy Professor Guy Goodwin, University of Oxford How dangerous is Valproate in pregnancy? Dr Angelika Wieck, University of Manchester What do the POMH–UK data reveal about valproate prescribing practice? Professor Thomas R.E. Barnes, Emeritus Professor of Clinical Psychiatry, Imperial College London

16.45–18.00 Hall 9	QUALITY IMPROVEMENT S37 Understanding the Institution Chair: Dr Adrian James, Registrar, Royal College of Psychiatrists What can we learn from the Psychiatrists' Support Service? Dr Rosalind Ramsay, Specialist Adviser, Psychiatrists' Support Service, Royal College of Psychiatrists Institutional dynamics and individual and organisational flourishing Dr Robyn Vesey, Tavistock Consulting, part of the Tavistock and Portman NHS Foundation Trust The College position on sustaining psychiatrists throughout their career Dr Daniel Maughan, Consultant Psychiatrist at Oxford Health NHS Foundation Trust and Associate Registrar for Sustainability for RCPsych
Hall 4	CLINICAL PRACTICE S38 Behavioural addictions: update on diagnosis and treatment Chair: Professor Jon Grant, Department of Psychiatry, University of Chicago Neurobiology and treatment of hair pulling disorder: cross-cutting issues Dr Sam Chamberlain, Department of Psychiatry, University of Cambridge; & Cambridge and Peterborough NHS Foundation Trust (CPFT) Problematic Usage of the Internet – a Wake Up Call for Clinicians Professor Naomi Fineberg, Hertfordshire Partnership University NHS Foundation Trust and University of Hertfordshire Recognition and Treatment of Compulsive Sexual Behaviours Professor Jon Grant, Department of Psychiatry, University of Chicago
Hall 10	CLINICAL PRACTICE S39 Reconciliation in our Nations Speaker: Dr Kym Jenkins, President of the Royal Australian and New Zealand College of Psychiatrists (RANZCP), Melbourne, Australia Panel discussants: Dr Kym Jenkins, President of the Royal Australian and New Zealand College of Psychiatrists (RANZCP), Melbourne, Australia; Professor Sabyasachi Bhaumik; Leicestershire Partnership NHS Trust and Professor Kamaldeep S. Bhui, Professor of Cultural Psychiatry & Epidemiology, Centre Lead for Psychiatry, Wolfson Institute of Preventive Medicine, Hon. Consultant Psychiatrist, East London Foundation Trust, Barts & The London School of Medicine & Dentistry, Queen Mary University of London; London, UK
18.00–19.00 Hall 11	Presentation Ceremony Including addresses from Professor Sir Simon Wessely, Professor Jacky Hayden, Dr Lawrene Mynors–Wallis, Miss Karen Turner

Wednesday 27 June	
Time / Room	Sessions
8.00–9.00	Registration and Coffee
9.00–9.30 Hall 1	KEYNOTE KN13 The management of depression: is it depressing? Chair: Professor Ian Jones, Congress Co–chair Professor Hamish McAllister–Williams, Professor of Affective Disorders, Newcastle University, UK
9.40–10.55 Hall 9	NEW SCIENCE S40 New Perspectives on the risk of Postpartum Psychosis Chair: Professor Paola Dazzan and Professor Ian Jones Postpartum psychosis – what women are at high risk and how should they be managed Professor Ian Jones, Director and Clinical Professor, National Centre for Mental Health, Cardiff University Novel findings in brain structure in women at risk of Postpartum Psychosis Professor Paola Dazzan, Professor Neurobiology of psychosis, King's College London Identifying potential blood gene expression markers for Postpartum Psychosis Dr Montserrat Fusté, NIHR Clinical Lecturer, King's College London
Hall 1	PSYCHOPHARMACOLOGY S41 Managing sleep disorders: A review of the revised British Association for Psychopharmacology Guidelines Chair: Professor Hamish McAllister–Williams, Professor of Affective Disorders, Newcastle University, UK Overview of the BAP Sleep Guidelines Dr Sue Wilson, Imperial College London The Management of Insomnia Dr Hugh Selsick, Royal London Hospital The Management of other sleep disorders Dr Kirstie Anderson, Newcastle upon Tyne Hospitals Trust
Hall 11	CLINICAL PRACTICE S42 Metabolic underpinning of psychiatric disorders Chair: Dr Fiona Gaughran, National Psychosis Unit, Maudsley Hospital, London and Reader, Institute of Psychiatry, Psychology and Neuroscience, KCL Inherent links between metabolic dysregulation and severe mental illnesses Dr Carol Kan, Institute of Psychiatry, Psychology and Neuroscience, KCL Evidence of the lipid paradox? Considering metabolic alterations in first episode psychosis Dr Toby Pillinger, King's College London Bridging the mortality gap in severe mental illnesses: What is the role for psychiatrists? David Hopkins, Clinical Director, Ambulatory Medicine, Clinical Academic Group Lead, Diabetes, Endocrinology and Obesity Institute and Network, King's Health Partners

9.40–10.55 Hall 10	CLINICAL PRACTICE S43 Assertive community treatment for alcohol dependence Chair: Dr Julia Sinclair, University of Southampton Assertive outreach for alcohol dependence Professor Colin Drummond, Professor of Addiction Psychiatry, Institute of Psychiatry, Psychology and Neuroscience A view from the acute hospital: Managing alcohol problems in a changing clinical environment Dr Ed Day, Senior Clinical Lecturer in Addiction Psychiatry, Institute of Psychiatry, Psychology and Neuroscience and Pete Duffield, Birmingham and Solihull NHS Trust Clinical Outcomes 6 months after an acute medical admission – what does a naturalist study Afternoon Teach us about assertive outreach? Dr Julia Sinclair, University of Southampton
Hall 4	POLICY AND MEDIA S44 Mental Health Law Reform across the United Kingdom Chair: Mr Steven Gilbert, Independent Review of the Mental Health Act 1983, Vice Chair The Mental Health Act in England and Wales Dr Clementine Maddock, Mental Health Law Specialist Adviser. Royal College of Psychiatrists The Mental Health Act in Scotland Colin McKay, Chief Executive, Mental Welfare Commission for Scotland The Mental Health Act in Northern Ireland Dr Gerry Lynch, Chair of RCPsych in NI and Vice President of The Royal College of Psychiatrists The Independent Review of the Mental Health Act 1983 Professor Sir Simon Wessely, Institute of Psychiatry, Psychology and Neuroscience, KCL
10.55–11.20	Coffee Hall 3
11.25–12.40 Hall 11	NEW SCIENCE S45 Interoception in psychiatry: A treatment target for symptom control in eating disorders, addiction, anxiety and autism Chair: Professor Hugo Critchley, Brighton and Sussex Medical School Investigating interoceptive dysfunction across psychiatric disorders Professor Sahib Khalsa, Laureate Institute for Brain Research and University of Tulsa, USA Interoceptive trait prediction error in anxiety and dissociation Dr Sarah Garfinkel, Sackler Centre for Consciousness Science, University of Sussex Interoception, social cognition and autism Professor Geoff Bird, University of Oxford
Hall 1	PSYCHOPHARMACOLOGY S46 Prescribing medication during pregnancy. A review of the new British Association for Psychopharmacology perinatal guidelines Chair: Professor Hamish McAllister–Williams, Newcastle University Overview of the BAP Perinatal Guidelines Professor Hamish McAllister–Williams, Newcastle University The Management of Depression in the Perinatal Guidelines Professor Ian Jones, University of Cardiff The Management of Bipolar Disorder in the Perinatal Period Dr Angelika Wieck, University of Manchester

11.25–12.40 Hall 4	CLINICAL PRACTICE S47 Community Psychiatry is dead... Long Live Community Psychiatry Chair: Professor Tim Kendall, National Clinical Director for Mental Health NHS England and NHS Improvement The End of Community Psychiatry Professor Tim Kendall, National Clinical Director for Mental Health NHS England and NHS Improvement Community Psychiatry... Rising from the ashes Professor Steve Pilling, Professor of Clinical Psychology & Clinical Effectiveness Prism – a new model for the delivery of mental health in the community Dr Emma Tiffin, GP and Clinical Commissioning Lead for Mental Health
Hall 10	CLINICAL PRACTICE S48 Ethnic minority inequalities in severe mental illness, recent findings from the UK Chair: Professor Swaran Singh, Warwick Medical School Incidence of psychosis and pathways into care in Black African and Black Caribbean people with psychosis Sheri Oduola, Lecturer in Mental Health Nursing Ethnicity and the course and outcome of psychoses Professor Craig Morgan, IOPPN, King's College London Ethnic minority inequalities in access to high quality treatments for schizophrenia: Findings from the RCPsych National Audit of Schizophrenia Dr Jayati Das–Munshi, IOPPN, King's College London
Hall 9	POLICY AND MEDIA S49 Taming the Beast: Harnessing the media and politics to get a better deal for mental health Chair: Dr Adrian James, Registrar, Royal College of Psychiatrists Taming the Beast: Harnessing the media and politics to get a better deal for mental health Dr Kate Lovett, Dean, RCPsych Taming the Beast: Harnessing the media and politics to get a better deal for mental health Professor Wendy Burn, President, RCPsych Taming the Beast: Harnessing the media and politics to get a better deal for mental health Kim Catcheside, Director, Strategic Communications, RCPsych
12.40–13.35	Lunch Hall 3

13.10–13.35 Hall 3 Gallery	<p>Rapid Fire Poster Presentations Hall 3 Gallery</p> <p>RF9 RESEARCH</p> <p>RF400 Annual health checks as a measure of health inequalities in people with intellectual disability (ID): comparison to a non-ID cohort in London and the whole of England Dr Salma Audi, FY1, BEH Mental Health NHS Trust; Dr Bhatika Perera, Consultant Psychiatrist, BEH Mental Health NHS Trust; Dr Ken Courtenay, Consultant Psychiatrist, BEH Mental Health NHS Trust</p> <p>RF401 Self harm and suicidality in black and minority ethnic (BME) groups Amber Barthorpe</p> <p>RF402 Health care providers in 'The Jungle': mental health and psychosocial support offered to refugees in the calais camp Amy Darwin BA MSc; MBChB student, University of Leeds, UK; Claire Blacklock MBChB MRCP MRCGP DTM&H PGDip FHEA Visiting Lecturer, University of Leeds</p> <p>RF10 EDUCATION</p> <p>RF403 Driving with Dementia and MCI: The Development of a Consensus Guideline Dr Paul Donaghy, ST6 Academic Clinical Lecturer, Newcastle University; Ms Kirsty Olsen, Research Associate, Newcastle University; Dr John–Paul Taylor, Senior Clinical Lecturer, Newcastle University on behalf of the Driving and Dementia Guidelines Working Group</p> <p>RF404 Addressing the Mental Health Needs of Inmates through Service and Education to Correctional Officers Dr Kiran Patel, FRCPsych, Forensic Psychiatrist and Associate Professor; Ms Kiren Sandhu, MSW, Adjunct Lecturer, Factor–Inwentash Faculty of Social Work; Ms Nina Flora, BSc (Hons), Research Analyst; Ms Tanya Connors, MSW, Adjunct Lecturer, Factor–Inwentash Faculty of Social Work; Ms Sarah Moss, BSc (Hons), Research Analyst; Dr Shaheen Darani, MD, FRCPC, Forensic Psychiatrist and Associate Professor; Dr Alexander (Sandy) Simpson, FRANZP, Chief of Forensic Psychiatry & Associate Professor</p> <p>RF405 Students with specific learning difficulties in undergraduate medical education: are attempts at equality working? Dr Jack F G Underwood, CT2, Cardiff & Vale ULHB</p> <p>RF406 A survey exploring attitudes, skills and willingness of paediatric trainees to assess and manage children and young people with acute mental health presentations in secondary care – Peninsula Trainee Research Audit & Innovation Network (PenTRAIN) Dr Eva Wooding, Paediatric ST1, Royal Devon and Exeter NHS Foundation Trust; Dr Tim Mason, Paediatric ST5, Royal Devon and Exeter NHS Foundation Trust; Dr Rory Conn, Consultant Psychiatrist, Royal Devon and Exeter NHS Foundation Trust</p> <p>RF11 SERVICE EVALUATION</p> <p>RF407 QRISK®3: A powerful tool for predicting cardiovascular disease risk in people with severe mental illness. An example from an area of socioeconomic deprivation in Scotland Dr Matthew Beattie, CT1, NHS Lanarkshire; Dr Claire McGhee, ST5, NHS Lanarkshire; Dr Matthew Cordiner, Consultant, NHS Lanarkshire; Dr Polash Shajahan, Consultant, NHS Lanarkshire</p> <p>RF408 Patient Cardiovascular Risk in a Low Secure Forensic Setting Dr Ruth Freeman, ST4 Forensic Psychiatry, The Maudsley Training Programme</p> <p>RF409 Assessing the risk of venous thromboembolism in psychiatric in-patients Miss Natalie Ellis, Medical Undergraduate, Cardiff University Medical School; Miss Carla–Marie Grubb, Medical Undergraduate, Cardiff University Medical School; Miss Sophie Mustoe, Medical Undergraduate, King's College London Medical School; Miss Eleanor Watkins, Medical Undergraduate, Edinburgh University Medical School; Dr David Codling, ST6, King's College NHS Foundation Trust; Dr Sarah Fitch, ST4, Cwm Taf University Health Board; Dr Lucy Stirland, Clinical Research Fellow, University of Edinburgh; Mr Munzir Quraishy, Medical Undergraduate, Cardiff University Medical School; Dr Josie Jenkinson, Consultant Old Age Psychiatrist, Surrey and Borders Partnership NHS Foundation Trust; Dr Judith Harrison, Wellcome Trust GW4 Clinical Academic Training Fellow, Cardiff Centre for Neuropsychiatric Genetics and Genomics</p> <p>RF410 Development of a Questionnaire to Assess Patient Satisfaction and Experience Dr Nicola Ogston, CT3, Dykebar Hospital, NHS GG&C; Dr David Osborne, Consultant Psychotherapist, Dykebar Hospital, NHS GG&C</p>
13.10–13.40 Hall 4	<p>Together we are better – performance by MiXiT</p> <p>A professional theatre company of people with and without a learning disability</p>
13.40–14.10 Hall 1	<p>KEYNOTE</p> <p>KN14 The trouble with goats and sheep</p> <p>Chair: Dr Regi Alexander, Congress Co–chair</p> <p>Dr Joanna Cannon, Author of <i>The Trouble with Goats and Sheep</i> and <i>The Things About Elsie</i></p>

14.10–14.40 Hall 1	<p>KEYNOTE</p> <p>KN15 A Conversation with Mental Health Activist Jonny Benjamin MBE and his father</p> <p>Chair: Dr Ian Hall 1, Associate Dean for Advanced Learning and Conferences, The Royal College of Psychiatrists</p>
14.45–16.00 Hall 4	<p>NEW SCIENCE</p> <p>S50 Changing brains and changing minds: The good, the bad and the potentially life-changing drama of synaptic plasticity</p> <p>Chair: Professor Wendy Burn, President, RCPsych and Co–Chair, Gatsby/Wellcome Neuroscience Project</p> <p>Synaptic mechanisms of visual cortical plasticity Dr Tara Keck, University College London</p> <p>The plasticity and epigenetics of chronic pain and post–traumatic stress disorder Dr Sandrine G�ranton, University College London</p> <p>Erasing bad memories: learning, memory and drug addiction Dr Chris Bailey, University of Bath</p>
Hall 1	<p>PSYCHOPHARMACOLOGY</p> <p>S51 Advances in the rapid treatment of depression (triple chronotherapy or ketamine)</p> <p>Chair: Professor Allan Young, Centre for Affective Disorders, Institute of Psychiatry, Psychology & Neuroscience, King's College London</p> <p>Ketamine: Can we use an acute antidepressant repeatedly? Dr Rupert McShane, Consultant Psychiatrist, Oxford Health NHS Foundation Trust & Associate Professor, University of Oxford</p> <p>Triple Chronotherapy (sleep deprivation, phase advance of sleep and bright light therapy) as a rapid treatment for depression Professor David Veale, Consultant Psychiatrist, South London and Maudsley NHS Foundation Trust and Professor of Cognitive Behavioural Psychotherapies, Institute of Psychiatry, Psychology & Neuroscience, King's College London</p> <p>Users' perspectives of triple chronotherapy and ketamine for the rapid treatment of depression Patient perspectives</p>
Hall 10	<p>CLINICAL PRACTICE</p> <p>S52 Domestic Violence and Abuse (DVA), Domestic Homicides and Mental Health Services: optimising the response to DVA by mental health services</p> <p>Chair: Louise Howard, Professor of Women's Mental Health and Honorary Consultant Psychiatrist, Section of Women's Mental Health, King's College London and South London and Maudsley NHS Foundation Trust and Dr Claire Wilson, King's College London</p> <p>Lessons identified in domestic homicide reviews Nicole Jacobs, CEO, Standing Together</p> <p>Advancing theory and treatment approaches for males in substance misuse treatment who perpetrate intimate partner violence Dr Gail Gilchrist, Reader, National Addiction Centre, King's College London</p> <p>Improving the response to risk of domestic violence in mental health services Louise Howard, Professor of Women's Mental Health and Honorary Consultant Psychiatrist, Section of Women's Mental Health, King's College London and South London and Maudsley NHS Foundation Trust</p>

14.45–16.00 Hall 11	CLINICAL PRACTICE MC6 Shared decision making and values based practice in psychiatry: the Montgomery case Chair: Dr Mayura Deshpande, Professional and Ethics Committee Chair, Royal College of Psychiatrists Montgomery; the facts of the case Dr Gwen Adshead, Forensic Psychiatrist & Psychotherapist, Southern Health & CNWL Foundation Trusts Skills and spills: What does Montgomery really mean for clinical care? Professor Bill (KWM) Fulford, St Catherine's College, Oxford Uncharted Territory: Co–developing Core Values for Psychiatrists Ms Veryan Richards, Patient Representative, Royal College of Psychiatrists Person centered care Dr Subodh Dave, Assoc. Dean for trainee support, Hon. Assoc. Professor, University of Nottingham and Consultant Psychiatrist, Derby
Hall 9	POLICY AND MEDIA S53 Reading, Writing and Rebellion – 3 authors in discussion with the Dean Chair: Dr Kate Lovett, Dean, Royal College of Psychiatrists Dr Jean O'Hara, National Clinical Director for Learning Disabilities, NHS England, Consultant Psychiatrist, South London and the Maudsley NHSFT Professor Linda Gask, Author of The Other Side of Silence and Professor of Psychiatry, University of Manchester Dr Joanna Cannon, Author of <i>The Trouble with Goats and Sheep</i> and <i>The Things About Elsie</i>
16.00–16.20	Afternoon Tea Hall 3
16.25–17.40 Hall 4	NEW SCIENCE S54 Prospective mood monitoring in bipolar disorder: clinical and research perspectives Chair: Professor Ian Jones, Congress Co–chair Prospective mood monitoring in bipolar disorder: the clinical perspective Dr Kate Saunders, University of Oxford Prospective mood monitoring in bipolar disorder: the research perspective Professor Lisa Jones, University of Worcester and Professor Eleanor Bradley, University of Worcester Prospective mood monitoring in bipolar disorder: phenotype–genotype correlations Dr Arianna Di Florio, Cardiff University
Hall 1	PSYCHOPHARMACOLOGY S55 Antipsychotic medication after remission from first episode Psychosis: Continuation, discontinuation or other strategies? Chair: Professor Matthew Broome, University of Birmingham Discontinuation of antipsychotics in First episode Psychosis: comparison between medications Dr Richard Whale, Principal Lecturer in Psychiatry and Consultant Psychiatrist, Brighton and Sussex Medical School, Sussex Partnership NHS Foundation Trust Predictors of relapse following discontinuation from antipsychotics after remission from first episode Psychosis Dr Pavan Mallikarjun, Clinical Senior Lecturer & Honorary Consultant Psychiatrist, Institute of Mental Health, University of Birmingham Maintenance treatment versus discontinuation strategies after remission from first episode psychosis Dr Andrew Thompson, Associate Professor of Psychiatry, Warwick Medical School, University of Warwick

16.25–17.40 Hall 9	CLINICAL PRACTICE MC7 Engaging And Empowering Families During Therapy Chair: Dr Raphael Kelvin, MindEd National Clinical Lead, Consultant Child & Adolescent Psychiatrist, c/o RCPsych Co–creating with parents and carers creates relevance and quality. Dr Brian Jacobs, Lead editor for CYP MindEd and Honorary Consultant, South London & Maudsley NHS Foundation Trust Co–creating: writing with older people for older people Dr Claire Hilton, MindEd for Older People, Lead Editor. C/o RCPsych Parents and Carers empowerment through co creation Julia Garden, Community Fundraising Officer, YoungMinds and Wendy Minhinett
Hall 11	CLINICAL PRACTICE S56 In sight and in mind; improving the quality of care for people with severe and complex mental health problems Chair: Professor Helen Killaspy, Division of Psychiatry, UCL The CQC's role in improving the care of people with complex mental health needs Dr Paul Lelliott, Care Quality Commission Out of area placements; the independent sector perspective Dr Sabina Burza, Priory Group Improving quality of the whole system mental health rehabilitation care pathway Dr Sri Kalidindi, South London and Maudsley NHS Foundation Trust
Hall 10	POLICY AND MEDIA S57 The importance of inclusion and empowerment of people with intellectual disabilities Chair: Dr Jean O'Hara, Consultant Psychiatrist and National Clinical Director for Learning Disabilities, NHS England Working as a learning disability adviser in NHS England Carl Shaw, David Gill & Gavin Harding, Learning Disability Advisers, NHS England Q&A Working in co–production with people with intellectual disabilities and their families – UK and European experiences Dr Roger Banks, President, European Association of Mental Health and Intellectual Disabilities Strength based approaches and mental health outcomes associated with the START program in the U.S. Dr Joan B Beasley, Research Associate Professor, Director, Center for START Services Q&A
17.40	Close

New Horizons: New Opportunities to support your College



The future of psychiatry is strengthened by the community around it and the backbone of the Royal College of Psychiatrists has always been its members.

Over the last 5 years, College members, together with the philanthropists who have been inspired by their work, have raised over £2m to fund initiatives which have championed the voice of psychiatry; enhanced psychiatric research and made it possible to build a community around future generations of psychiatrists.

This generosity has inspired:

- The Gatsby/Wellcome Integrating Neuroscience Project, a flagship initiative aimed at integrating a neuroscientific approach into the psychiatric curriculum.
- The Pathfinder Fellowship programme, which attracts the brightest and the best medical students into the world of mental health.
- The RC Psych / Rosetrees Clinical Research Fellowship, funding further academic research projects.

- The Donald Dean Research Fellowship, which funds an academic psychiatrist to research issues around mental health in the workplace.
- And more recently, programmes aimed at supporting trainees as they join the College and begin their psychiatric career.

We thank you for this incredible support.

We need your help to continue this work.

The College is a charity which, through its members, aims to have a real and lasting impact for people with mental illness and we welcome all and any support you can offer.

The College is exploring opportunities to diversify its income. This includes exporting its products and services into international markets, and as such, is developing a range of propositions that could help deliver long-term revenue streams for the College which in turn, will enable us to support and champion psychiatry even more.

Director of Development, Liz George and Commercial Consultant, Harry Weber-Brown will be in attendance at the International Congress. They would love to meet you and explore opportunities that you may have identified for the College to deliver services outside of the UK.

You can also talk to Liz or Harry about funding ideas, identifying commercial opportunities, and how you can either make or encourage donations to the College. They would love to hear from you.

Please do contact them by phoning **07718 191485** or emailing **liz.george@rcpsych.ac.uk**

Venue Plan

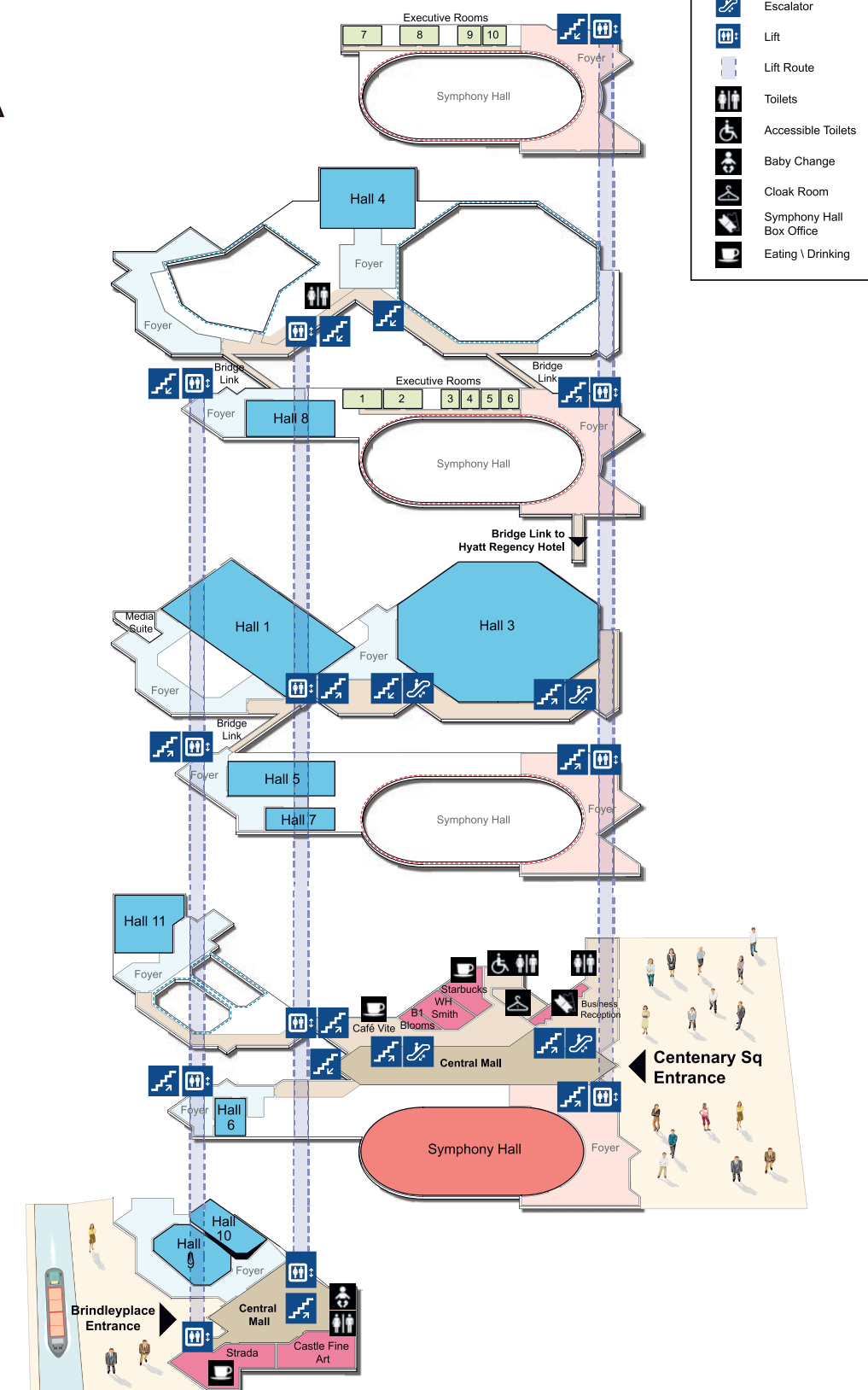
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THE ROYAL COLLEGE OF PSYCHIATRISTS
INTERNATIONAL CONGRESS



LONDON 2019

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